

Sean M. Bulger, Ed.D.

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SUMMARY OF QUALIFICATIONS

Scholarship of Teaching and Learning

- Received highly favorable annual performance reviews in the area of teaching effectiveness for courses taught at both the undergraduate and graduate levels at multiple institutions.
- Planned, managed, implemented, and assessed effective teaching-learning environments in Human Performance and Physical Education Teacher Education.
- Coordinated experiential learning opportunities for undergraduate students in a variety of applied instructional settings including clinical internships and student teaching placements.
- Established skill in using word processing, spreadsheet, presentation, statistical, web-based instruction, and discipline-specific software to enhance the teaching-learning environment.
- Mentored graduate students and other faculty members regarding course design, instructional methods, assessing student learning, and field placement supervision.

Scholarship of Discovery and Integration

- Achieved exemplary annual performance reviews in the area of research at multiple institutions.
- Delivered 90 peer reviewed presentations at local, state, and national conferences/conventions.
- Co-authored 2 books related to planning, managing, teaching, and assessing using the Sport Education model for curriculum and instruction.
- Published 29 peer-reviewed manuscripts and 4 book chapters in teacher education, school-based physical activity intervention, and transitional issues during senior year experience.
- Mentored undergraduate, masters, and doctoral students through the research and publishing process.

Scholarship of Application

- Attained excellent annual performance reviews for service to the department, university, state/region, and profession at multiple institutions.
- Demonstrated collaborative leadership, strong communication skills, high degree of personal initiative, excellent problem solving ability, and capacity to contribute to organizational change while serving as a Program Director within an academic department and member of various department/university committees.
- Coordinated assessment data collection and management for NASPE/NCATE accreditation within a nationally recognized teacher education program.
- Contributed to the advancement of several professional organizations. Current professional service activities highlighted by membership on the Board of Directors for the West Virginia Association for Health, Physical Education, Recreation and Dance (Past-President).
- Co-authored and awarded federal and non-federal external grants totaling over \$1million in direct costs to support comprehensive school physical activity program development in two school districts within southern WV.
- Collaborated with professionals in a variety of disciplines to provide physical activity and fitness programming to participants across developmental levels and settings (e.g., school-based physical activity programs, workplace health promotion, community-based recreation for older adults, sport-performance enhancement for high school and college-aged athletes).

- Co-authored a book titled *Sport Education Seasons* that includes a conceptual framework for instructional planning, three complete seasons with all instructional materials, and a CD-ROM with over 400 reproducible resources.
- Received highly favorable student evaluations for all courses taught and provided alternative documentation of teaching effectiveness during annual performance reviews.
- Served as a member of the Board of Directors for both West Virginia on the Move and the West Virginia Association for Health, Physical Education, Recreation and Dance.
- Selected for the NASPE Physical Best Steering Committee and contributed to the revision of the NASPE Physical Best certification process as a member of the exam task force.
- Chaired subcommittee for the development of the WV Physical Activity Plan, a statewide concept-making process involving key stakeholders from all societal sectors

Assistant/Associate Professor, University of Wisconsin-Eau Claire

2000-2005

Responsible for teaching, research, service, and academic advising within the context of an undergraduate program in Human Performance. Served as Program Coordinator for Human Performance emphasis and provided leadership in curriculum and assessment, resource allocation, long-range strategic planning, and daily operations. Instructed required courses in the areas of exercise prescription and programming, health fitness facility management, and strength and conditioning. Coordinated internship placements at clinical, corporate, community, and commercial health fitness facilities. Advised students in Human Performance, Pre-Physical Therapy, Pre-Chiropractic, and Pre-Occupational Therapy.

Accomplishments:

- Recommended for early tenure and promotion to the rank of associate professor.
- Awarded for outstanding teaching and merit during annual performance reviews based on student evaluations, peer observations, and documentation of teaching effectiveness.
- Maintained an active record of scholarship over a five year period that included eight peer-reviewed journal articles, one co-authored book, and eight presentations at national conferences while teaching the equivalent of a twelve credit load per semester.
- Received three credits of faculty release time from the Dean's Office to develop and evaluate the effectiveness of a web-based instructional format for internship supervision.
- Partnered with Career Services to establish a professional development curricular initiative.
- Initiated an electronic advising update for Human Performance students.

Graduate Teaching Assistant, West Virginia Motor Development Center

1999-2000

Taught courses in physical education teacher education. Served as a teaching assistant for a doctoral seminar addressing issues in human motor development. Provided administrative support for various community-based programs that promote family engagement in health-enhancing decision making and regular physical activity.

Accomplishments:

- Developed a teaching of fitness education course that introduces prospective physical educators to the foundations and components of health-related fitness as applied in a school-based physical education program.
- Collaborated with faculty members to conceptualize the infusion of a health-related fitness education curricular strand into the physical education teacher education curriculum.
- Presented a physical activity promotion workshop for elementary, middle, and secondary teachers employed by the Randolph County Schools in Elkins, WV.

Graduate Teaching Assistant, West Virginia University**1997-1999**

Instructed a variety of courses in physical education teacher education and contributed to several research projects concerning school-based physical education programming. Directed a community-based physical fitness education program for school-aged children and assumed an active role in marketing, planning, organization, and delivery. Assisted with the supervision of an adapted physical education clinic and student teaching placements.

Accomplishments:

- Designed, implemented, and evaluated the effectiveness of a developmental exercise physiology course and lab experience for undergraduate physical education majors.
- Co-authored a number of scholarly papers with peers and faculty mentors in the area of physical education teacher education.
- Attended and presented at multiple state, regional, and national professional conferences.
- Taught courses in non-traditional sports, flag football, and weight training.

Graduate Assistant Strength Coach, North Dakota State University**1995-1997**

Supported the Head Strength and Conditioning Coach in virtually all aspects of program administration including the establishment of a safe, motivating training environment for every student-athlete. Assessed individual needs, planned, implemented, and evaluated the effectiveness of comprehensive strength and conditioning programs for student-athletes competing in team and individual sports. Provided technique instruction and demonstration during team strength and conditioning sessions within each phase of the annual training cycle.

Accomplishments:

- Provided developmentally appropriate strength and conditioning instruction for several area youth sports camps and coaching clinics.
- Facilitated the training of numerous All-American (NCAA Division II) and All-Conference (NCC) performers in basketball, football, wrestling, track and field, and volleyball.
- Assisted with student-athlete recruitment for football by performing strength room demonstrations and assisting with performance testing during on-campus visits.
- Taught courses in weight training, flag football, and badminton within the physical education basic instruction program.

Health Fitness Specialist, Johnson & Johnson HCSM**1995**

Conducted client pre-activity screening, exercise prescriptions and evaluations, equipment orientations, and facility floor coverage during the start-up phase of a workplace health promotion program at the UAW-Ford Motors site in Buffalo, NY. Cooperated with co-workers, union representatives, and company management to create a supportive environment for clients with a diverse range of individual needs, interests, and ability levels.

Accomplishments:

- Coordinated various aspects of program administration including facility design, exercise equipment maintenance, client/company negotiations, and new member management.
- Contributed to the active recruitment and retention of new members during the onset of program operations.
- Created numerous efficiencies in daily processes and operational procedures while demonstrating knowledge of long-range planning and strategic thinking.

Exercise Specialist, Tonawanda Aquatic & Fitness Center 1992-1994

Developed exercise prescriptions for clients with diverse backgrounds and fitness goals. Supervised fitness center scheduling, new member orientation, staff training, equipment inventory, and preventive maintenance as indicated by the Program Director. Responsible for opening the facility each morning and providing exemplary customer service.

Accomplishments:

- Delivered youth strength training classes and personal training sessions for other special populations including individuals with existent cardiovascular, metabolic, musculoskeletal, and respiratory disease.
- Researched and drafted the floor plan for a 5,000 square foot facility expansion and communicated with vendors regarding equipment specifications during the bidding process.

Physical Educator, St. Aloysius Gonzaga Elementary School 1991-1992

Instructed physical education classes in grades K-8 using a developmental movement education curriculum. Taught health classes in grades 4-8 emphasizing the importance of regular physical activity and personal responsibility in maintaining a healthy lifestyle.

Accomplishments:

- Received favorable performance reviews from school administrators that highlighted the strength of my preparation for classes, eagerness to continue learning, and ability to interact with children in an enthusiastic and positive manner.
- Coached several youth sports teams at the school including track and field, basketball, and softball.

ADDITIONAL EXPERIENCE**Adjunct Faculty, CARDIAC Project 2011-present**

Provide support for the intervention component of this statewide health promotion initiative. The Coronary Artery Risk Detection in Appalachian Communities (CARDIAC) Project is a chronic disease risk surveillance and intervention initiative designed to combat the unacceptably high prevalence of heart disease and diabetes in West Virginia (<http://cardiacwv.org/>). Comprehensive in design, CARDIAC has two components, a school-based surveillance and intervention initiative, and a targeted individualized approach toward identification and referral for treatment of those individuals with the most severe genetic cause of death from premature cardiovascular disease: familial hypercholesterolemia.

Project Manager, Camp New You at WVU 2008-2011

Co-manage a year-long physical activity intervention for families with overweight or obese adolescents. Specific responsibilities include coordinating program needs assessment, planning, implementation, and evaluation. The program website is www.campnewyou.org.

Assistant Director, National Strength & Speed Camp/Coaching Clinic 1996 Summer

Promoted and administered a coaching clinic and sport performance enhancement camp for high school athletes. Topics of instruction included basic training principles and strength program design, free weight exercise technique, plyometrics, speed/agility drills, and metabolic conditioning.

Strength & Conditioning Consultant, NDSU Wrestling Camp 1996 Summer

Provided instruction regarding strength training and weight room supervision for young wrestlers to supplement technique practice and conditioning.

Intern Strength Coach, State University of New York at Buffalo **1994-1995**
Volunteered as an assistant strength coach for the football program and assisted with floor supervision, spotting, technique instruction, program design, and player performance assessment.

Youth Strength Coach, Lancaster Boys' & Girls' Club Sports Camps **1993-1995**
Directed groups of young athletes through various components of a comprehensive training session including warm-up/cool-down, sport-specific conditioning, strengthening, and stretching.

Camp Counselor, Cheektowaga Town Parks **1988**
Supervised recreational activities for children and adolescents with various special needs including physical limitations, cognitive disabilities, and behavioral disorders.

BOOKS

Bulger, S.M., Mohr, D.J., Rairigh, R.M., & Townsend, J.S. (2007). *Sport Education seasons*. Champaign, IL: Human Kinetics.

Townsend, J.S., Mohr, D.J., Rairigh, R.M., & **Bulger, S.M.** (2003). *Assessment within a Sport Education season: A pedagogical approach*. Reston, VA: NASPE Publications.

BOOK CHAPTERS

Bulger, S.M. (2011). Basic training principles. In S. Ayres (Ed.), *Physical education for lifelong fitness: The Physical Best teacher's guide*. Champaign, IL: Human Kinetics.

Meeteer, W., Housner, L.D., **Bulger, S.M.**, Hawkins, A., & Wiegand, R.L. (2011). Applying the Sport Education curriculum model in university basic instruction courses. In P. Hastie (Ed.) *Sport Education International Perspectives*. New York: Routledge.

Bulger, S.M., & Robert, D.L. (2009). Fitness education. In L.D. Housner (Ed.) *Integrated physical education: A guide for the elementary classroom teacher* (pp. 41-63). Morgantown, WV: Fitness Information Technology.

Carson, L.M., **Bulger, S.M.**, & Townsend, J.S. (2007). Enhancing responsible student decision-making in physical activity. In W.E. Davis & G.D. Broadhead (Eds.) *Ecological task analysis and movement* (pp. 141-159). Champaign, IL: Human Kinetics.

PUBLICATIONS

Bulger, S.M., & Jones, E.M. (in press). A systematic approach to integrating an audience response system into an undergraduate physical education teacher education program. Manuscript accepted for publication in the *Excellence in Education Journal*.

Elliott, E., Jones, E.M., & **Bulger, S.M.** (in press). Active WV: A systemic approach to developing a physical activity plan for West Virginia. Manuscript accepted for publication in the *Journal of Physical Activity and Health*.

- Ross, S., Metcalf, A., **Bulger, S.M.**, & Housner, L.D. (in press). Modified Delphi investigation of motor development and learning in physical education teacher education. Manuscript accepted for publication in *Research Quarterly for Exercise and Sport*.
- Wyant, J., Jones, E.M., & **Bulger, S.M.** (in press). A mixed methods analysis of a single-course strategy to integrate technology into PETE. Manuscript accepted for publication in *Journal of Teaching in Physical Education*.
- DiGiacinto, K., Jones, E.M., **Bulger, S.M.**, & Wyant, J.M. (2013). Effects of a behavioral economy-based recess intervention on the physical activity levels of elementary-aged girls. *Global Journal of Health and Physical Education Pedagogy*, 2, 274-287.
- Elliott, E., **Bulger, S.M.** Jones, E.M., Neal, W. (2013). *Physical activity guidelines for Americans case study - West Virginia: Building a statewide plan for physically active lifestyles*. Published on the Association of State and Territorial Health Officials (ASTHO) website at: <http://www.astho.org/Programs/Prevention/Promoting-Physical-Activity-Guidelines/State-Case-Studies/>.
- Jones, E., & **Bulger S.M.** (2012). Using instructional technology to facilitate reflection, integration, and transition during the senior year experience. *The Field Experience Journal*, 10(1), 33-51.
- Jones, E., Wyant, J., & **Bulger, S.M.**, (2012). Moving beyond the stopwatch and whistle: Examining technology use in teacher training. *The Global Journal of Health and Physical Education Pedagogy*, 1, 210-222.
- Jones, E., **Bulger S.M.**, Illg, K., & Wyant, J. (2012). Modified Delphi investigation of instructional technology in PETE. *The Global Journal of Health and Physical Education Pedagogy*, 1, 295-310.
- Bulger, S.M.**, Elliott, E., Jones, E., Fitzpatrick, S., Jones, D., Tompkins, N., & Olfert, M. (2011). *ActiveWV 2015: West Virginia Physical Activity Plan*. Retrieved from WV Physical Activity Plan website: www.wvphysicalactivity.org
- Ramsey, C., & **Bulger S.M.** (2011). The cooperating teacher: What do they need to know? *The Field Experience Journal*, 7(1), 1-13.
- Mohr, D.J., Townsend, J.S., **Bulger, S.M.**, & Chen. (2010). The teaching season plan of competitive Sport Education Model. *Journal of Southwest China Normal University*, 35(6), 247-252.
- Mason, M., **Bulger, S.M.**, Greiner, M., Faerber, J., Reeves, J., Raso Eklund, N., & Quinn, S. (2010). *Appropriate uses of fitness measurement* [Position statement]. Reston, VA: NASPE Publications.
- Bulger, S.M.**, & Housner, L.D. (2009). Relocating from Easy Street: Strategies for moving physical education forward. *Quest*, 61, 442-469.
- Lust, K., Sandrey, M., & **Bulger, S.M.** (2009). The effects of six-week training programs on throwing accuracy, proprioception, and core endurance in baseball. *Journal of Sport Rehabilitation*, 18, 407-426.
- Ramsey, C., Hawkins, A., Housner, L., Wiegand, R., & **Bulger, S.** (2009). Finding the recipe for the best blend: The evolution and assessment of a blended master's degree program. *Journal of the Center for Educational Technology*, 5(2), 3-26.

- Bulger, S.M.,** Housner, L.D., & Lee, A.M. (2008). Curriculum alignment: A view from physical education teacher education. *Journal of Physical Education, Recreation & Dance*, 79(7), 44-49.
- Sandrey, M., & **Bulger, S.M.** (2008). The Delphi Method: An approach for facilitating evidence based practice in athletic training. *Athletic Training Education Journal*, 3(4), 1-8.
- Bulger, S.M.** (2007). Using a web-enhanced approach for internship planning, implementation, and assessment. *MountainRise: The International Journal of the Scholarships of Teaching and Learning* [Online], 4(2), 1-23. Available at the following website <http://mountainrise.wcu.edu/issue.html> [2007, December 21].
- Bulger, S.M.,** & Housner, L.D. (2007). Modified Delphi investigation of exercise science in physical education teacher education. *Journal of Teaching in Physical Education*, 26, 57-80.
- Bulger, S.M.,** Lindauer, J.R., & Jacobson, B. (2007). Infusion of a professional development curricular strand across an undergraduate program. *Journal of the First-Year Experience and Students in Transition*, 19, 87-110.
- Bulger, S.M.,** Mohr, D.J., & Wiegand, R.L. (2007). Comparison of traditional and alternative methods for teaching exercise physiology. *The Physical Educator*, 64, 180-191.
- Bulger, S.M.** (2006). Maintaining connections: A web-enhanced approach to undergraduate internship supervision. *The Physical Educator*, 63, 114-125.
- Wiegand, R.L., **Bulger, S.M.,** & Mohr, D.J. (2004). Curricular issues in physical education teacher education. *Journal of Physical Education, Recreation & Dance*, 75(8), 47-55.
- Bulger, S.M.,** Hawkins, A.H., & Mohr, D.J. (2002). Behavioral course design and student learning. *Effective Teaching* [Online], 6(1). Available at the following website <http://www.uncw.edu/cte/ET/> [2002, September 3].
- Bulger, S.M.,** Mohr, D.J., & Walls, R.T. (2002). Stack the deck in favor of your students by using the four aces of effective teaching. *Effective Teaching* [Online], 5(2). Available at the following website <http://www.uncw.edu/cte/ET/> [2002, May 7].
- Mohr, D.J., Townsend, J.S., & **Bulger, S.M.** (2002). Maintaining the PASE: A day in the life of sport education. *Journal of Physical Education, Recreation & Dance*, 73(1), 36-44.
- Bulger, S.M.,** Mohr, D.J., Carson, L.M., & Wiegand, R.L. (2001). Infusing health-related physical fitness in physical education teacher education. *Quest*, 53, 403-417.
- Bulger, S.M.,** Townsend, J.S., & Carson, L.M. (2001). Promoting responsible student decision-making in elementary physical education. *Journal of Physical Education, Recreation & Dance*, 72(7), 18-23.
- Mohr, D.J., Townsend, J.S., & **Bulger, S.M.** (2001). A pedagogical approach to sport education season planning. *Journal of Physical Education, Recreation & Dance*, 72(9), 37-46.
- Bulger, S.M.,** Mohr, D.J., Carson, L.M., Robert, D.L., & Wiegand, R.L. (2000). Preparing prospective physical educators in exercise physiology. *Quest*, 52, 166-185.

PUBLISHED ABSTRACTS

- Elliott, E., **Bulger, S.M.**, Jones, E., & Neal, W. (2012, November). The development of a statewide physical activity plan in the U.S. *Journal of Science and Medicine in Sports*, 15 (Suppl.), 291.
- Schoeppner, H., Fitch, C., & **Bulger, S.M.** (2009). The plate method is an effective education tool for overweight adolescents. *The Journal of the Federation of American Societies for Experimental Biology*, 23, 552.5
- Lust, K., Sandrey, M., & **Bulger, S.M.** (2008). *The effects of six-week training programs on throwing accuracy, proprioception, and core endurance in baseball.* *Journal of Athletic Training*, 43 (Suppl. 1), S-19.
- Bulger, S.M.**, & Housner, L.D. (2006). Modified Delphi investigation of exercise science in physical education teacher education. *Research Quarterly for Exercise & Sport*, 77 (Suppl. 1), A-51.
- Mohr, D.J., Townsend, J.S., **Bulger, S.M.**, Rairigh, R.R., & Mohr, C. (2006). Effect of a pedagogical approach to sport education season on sport literacy. *Research Quarterly for Exercise & Sport*, 77 (Suppl. 1), A-67.
- Townsend, J.S., Mohr, D.J., Rairigh, R.M., **Bulger, S.M.**, Wellborn, B., Mohr, C., McKenzie, J., & Johnson, R. (2004). The effect of a PASE basketball season on motor skill performance and health-related physical fitness in middle school physical education students. *Research Quarterly for Exercise & Sport*, 75 (Suppl. 1), A-83.
- Bulger, S.M.**, Mohr, D.J., & Wiegand, R.L. (2003). Factors effecting student learning in traditional, theory based versus alternative, pedagogical content knowledge based exercise physiology courses: An explanatory study. *Research Quarterly for Exercise & Sport*, 73 (Suppl. 1), A-38.
- Bulger, S.M.**, Mohr, D.J., Graves, M.A., & Wiegand, R.L. (2000). The effectiveness of traditional, theory based versus alternative, pedagogical content knowledge based exercise physiology courses at delivering exercise physiology content knowledge to physical education teacher education students. *Research Quarterly for Exercise & Sport*, 71 (Suppl. 1), A-66.

PEER REVIEWED PRESENTATIONS

- Allar, I., & **Bulger, S.M.** (2014, March). *Asset mapping in rural Appalachia: Connecting schools, families, and communities.* Poster presented at the Appalachian Studies Conference, Huntington, WV.
- Braga, L., Jones, E.M., **Bulger, S.M.**, & Elliott, E. (January, 2014). Teacher engagement in continuing professional development regarding the integration of culturally-relevant content in school physical education. Paper presented at the National Association for Kinesiology in Higher Education Collaborative Congress, San Diego, CA.
- Jones, E., **Bulger, S.M.**, & Harvey, S. (2013, October). *Integrating iClickers across a PE teacher education program.* Paper presented at the WV Association for Health, Physical Education, Recreation, and Dance Annual Conference, Glade Springs, WV.

- Bowen, K, **Bulger, S.M.**, & Jones, E. (2013, April). *A systematic approach to integrating iClicker instructional technology into undergraduate physical education teacher education program*. Paper presented at the 2013 National Student Teaching and Supervision Conference, Slippy Rock, PA.
- Bulger, S.M.**, Elliott, E., Jones, E., Fitzpatrick, S., Jones, D., & O'Hara Tompkins (2013, April). *Development of a state-wide physical activity plan using concept mapping*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Charlotte, NC.
- Elliott, E.E., Pate, R.R., **Bulger, S.M.**, & Epping, J.N. (2013, April). *The national physical activity plan: Implementation at the state level*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Charlotte, NC.
- Wyant, J., Jones, E., & **Bulger, S.M.** (2013, April). *Analysis of a discipline-specific instructional technology course in PETE*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Charlotte, NC.
- Elliott, E., **Bulger, S.M.**, Jones, E., & Neal, W. (2012, November). *The development of a statewide physical activity plan in the U.S*. Paper presented at the 4th Annual International Congress on Physical Activity and Public Health (ICPAPH), Sydney, Australia.
- Bulger, S.M.**, & Jones, E. (2012, October). *Using instructional technology for internship planning, implementation, and assessment*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Bridgeport, WV.
- Elliott, E., **Bulger, S.M.**, & Jones, E. (2012, October). *Town hall meeting: WV physical activity plan*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Bridgeport, WV.
- Jones, E., **Bulger, S.M.**, Elliott, E., & Braga, L. (2012, October). *Greenbrier CHOICES: Promoting health across school, community, and healthcare settings*. Paper presented at the NASPE Physical Education Teacher Education Conference, Las Vegas, NV.
- Elliott, E., Jones, E., & **Bulger, S.M.** (2012, October). *ActiveWV 2015: Be wild! Be wonderful! Be active!* Paper presented at the NASPE Physical Education Teacher Education Conference, Las Vegas, NV.
- Jones, E., & **Bulger, S.M.** (2012, April). *Using instructional technology to facilitate integration, reflection, and transition during the senior year experience*. Paper presented at the National Student Teaching and Supervision Conference, Slippy Rock, PA.
- Bulger, S.M.**, Illg, K., Hawkins, A., Meeteer, W., Sager, J., & Wiegand, R. (2012, March). *Physical activity levels during an after-school sport education season*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Boston, MA.
- Jones, E., **Bulger, S.M.**, Wyant, J., & Illg, K. (2012, March). *Modified Delphi investigation of instructional technology in PETE*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Boston, MA.

- Bulger, S.M.** (2011, November). *The times are a-changin': An overview of recent modifications to Fitnessgram software and test scoring*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Flatwoods, WV.
- Elliott, E., Abildso, C., **Bulger, S.M.**, & O'Hara Tompkins, N. (2011, June). *The West Virginia Physical Activity Symposium: Successful beginnings of a state physical activity plan*. Poster presented at the Annual Conference of the American College of Sports Medicine (ACSM), Denver, CO.
- Bulger, S.M.**, Mohr, D.J., & Townsend, S.J. (2011, June). *Sport education training in physical education teacher education*. Poster presented at the Annual Conference of the International Society of Comparative Physical Education and Sport (ISCPES), Shanghai, China.
- Elliott, E., & **Bulger, S.M.** (2011, June). *Comprehensive school physical activity programming: Examples from West Virginia*. Paper presented at the Annual Conference of the International Society of Comparative Physical Education and Sport (ISCPES), Shanghai, China.
- Elliott, E., & **Bulger, S.M.** (2011, June). *A year-long intervention to promote healthy lifestyle behaviors in overweight children and their families*. Paper presented at the Annual Conference of the International Society of Comparative Physical Education and Sport (ISCPES), Shanghai, China.
- Jones, E., **Bulger, S.M.**, & Housner, L.D. (2011, June). *Lessons learned from London Bridge: Building a better future for U.S. physical education*. Poster presented at the Annual Conference of the International Society of Comparative Physical Education and Sport (ISCPES), Shanghai, China.
- Bulger, S.M.**, & Housner, L.D. (2011, March). *Relocating from easy street: Strategies for moving physical education forward*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, CA.
- Hawkins, A., Sager, J., **Bulger, S.M.**, Wiegand, R., & Meeteer, W. (2011, March). *Sport education goes extracurricular: Behavioral characteristics of season phases*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, CA.
- Jones, E., **Bulger, S.M.**, DiGiacinto, K., & Wyant, J. (2011, March). *Recess-based incentive program on physical activity levels of elementary students*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, CA.
- Ross, S.M., Metcalf, A., **Bulger, S.M.**, & Housner, L. (2011, March). *Recommendations for motor development and learning in PETE*. Poster presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, CA.
- Bulger, S.**, Elliott, E., Holland, S., McCracken, B., & Tompkins, N. (2010, November). *West Virginia on the Move: Schools on the Move Program*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Davis, WV.
- Bulger, S.M.**, Elliott, E., Holland, S., O'Hara Tompkins, & Neal, W. (2010, May). *Comprehensive school physical activity programming: WV Schools on the Move grant program*. Poster presented at the Third International Congress on Physical Activity and Public Health (ICPAPH), Toronto, Canada.

- Bulger, S., & Elliott, E.** (2010, November). *What was I scared of? Guidelines for preparing and delivering an effective conference presentation*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Davis, WV.
- Elliott, E., **Bulger, S.M.**, & Vosloo, J. (2010, May). *Physical activity and Camp NEW You: What overweight adolescents in a year-long intervention say and do*. Poster presented at the Third International Congress on Physical Activity and Public Health (ICPAPH), Toronto, Canada.
- Huang, J., & **Bulger, S.** (2010, November). *The world is flat: A cross-cultural discussion regarding school-based physical activity promotion*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Davis, WV.
- Mason, M., **Bulger, S.M.**, Greiner, M., Faerber, J.D., Reeves, J.J., Raso Eklund, N., & Quinn, S. (2010, March). *Reconnect with Physical Best*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Indianapolis, IN.
- Meeteer, W., Wiegand, R., **Bulger, S.** & Hawkins, A. (2010, June). *New possibilities in community youth sports: SECM*. Paper presented at the 2010 West Virginia Physical Activity Symposium, Charleston, WV.
- Ramsey, C., & **Bulger, S.M.** (2010, April). *The cooperating teacher: What do they need to know?* Paper presented at the National Student Teacher Supervision Conference, Slippery Rock, PA.
- Sidwell, A., & **Bulger, S.M.** (2010, January). *The effects of Active Living Every Day Online on physical activity*. Poster presented at the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), Scottsdale, AZ.
- Hash, N.R., Sandrey, M.A., **Bulger, S.M.**, & Erickson, E.J. (2010, June). Test re-test reliability of the UNC functional performance test. Poster presented at the annual meeting of the National Athletic Trainer's Association (NATA), Philadelphia, PA.
- Sidwell, A., & **Bulger, S.** (2010, June). *Overcoming participation barriers in West Virginia: An examination of the effects of Active Living Every Day Online on physical activity*. Paper presented at the 2010 West Virginia Physical Activity Symposium, Charleston, WV.
- Bowen, E., **Bulger, S.M.**, Elliott, E.M., Fitch, C., Murphy, E., Neal, W., Ward, A., Housner, L., & Watson, J. (2009, April). *Camp NEW (Nutrition, Exercise, Weight Control) at West Virginia University*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Tampa, FL.
- Bulger, S.M.**, Elliott, E., & Holland, S. (2009, October). *West Virginia on the Move: Guidelines for writing a winning Schools on the Move Grant*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Flatwoods, WV.
- Bulger, S.M.**, Mohr, D.J., & Townsend, J.S. (2009, April). *Assessing Pre-service teachers' readiness to promote activity using Physical Best*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Tampa, FL.

- DiGiacinto, K., **Bulger, S.M.**, & Wiegand, R.L. (2009, January). *Rethinking PETE program admissions to include teacher candidate dispositions*. Paper presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), Sarasota, FL.
- Elliott, E.M., **Bulger, S.M.**, Murphy, E., Housner, L., Bowen, E., McCartney, K., Ice, Christa, C., & Neal, W. (2009, October). *Camp NEW You: Developing and evaluating a year-long community-based intervention for overweight children*. Paper presented at The Obesity Society's 2009 Annual Scientific Meeting, Washington, DC.
- Bulger, S.M.**, & Elliott, E. (2008, November). *West Virginia on the Move: 2007-2008 schools grant program award recipients*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Canaan Valley, WV.
- Bulger, S.M.**, & Elliott, E. (2008, November). *West Virginia on the Move: Grant writer's workshop*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Canaan Valley, WV.
- Bulger, S.M.**, Housner, L.D., Neal, W., Elliott, E., Fitch, C., Ward, A., Murphy, E., & Watson, J. (2008, November). *Camp New You at West Virginia University*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Canaan Valley, WV.
- Bulger, S.M.**, Sidwell, A., Mohr, D.J., & Townsend, J.S. (2008, January). *Student learning and capstone courses: Assessing reflection, integration, and transition*. Paper presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), Albuquerque, NM.
- Langley, J.G., & **Bulger, S.M.** (2008, January). *The long jump to educational leadership: A doctoral student's perspective*. Paper presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), Albuquerque, NM.
- Lust, K., Sandrey, M., **Bulger, S.M.**, & Wilder, N. (June, 2008). *The effects of six-week training programs on throwing accuracy, proprioception and core endurance in baseball*. Paper presented at the annual meeting of the National Athletic Trainer's Association (NATA), Indianapolis, IN.
- Bulger, S.M.** (2007, January). *Capstone course design in physical education teacher education: Facilitating integration, reflection, and transition*. Paper presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), Sand Key, FL.
- Bulger, S.M.**, Metcalf, A.A., Mohr, D.J., Townsend, J.S., & Wiegand, R.L. (2007, January). *Future directions in on-campus collaboration: The relationship between professional preparation in teacher education and the basic instruction program*. Poster session presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), Sand Key, FL.
- Bulger, S.M.**, Mohr, D.J., & Townsend, J.S. (2007, October). *Challenges in Sport Education and proposed solutions: Generating a consensus of opinion*. Paper presented at the Conference for Historic Traditions and Future Directions in Research on Teaching and Teacher Education in Physical Education, Pittsburgh, PA.

- Housner, L.D., & Bulger, S.M. (2007, April). *A dialogue on curriculum alignment between K-12 physical education and kinesiology*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Baltimore, MD.
- Langley, J.G., **Bulger, S.M.**, & Wiegand, R.L. (2007, October). *From Dudley Sargent to Avery Faigenbaum: A historical overview of strength training methods in physical education and physical education teacher education*. Paper presented at the Conference for Historic Traditions and Future Directions in Research on Teaching and Teacher Education in Physical Education, Pittsburgh, PA.
- Langley, J.G., Murlasits, Z.T., **Bulger, S.M.**, & Hornsby, W.G. (2007, June). *Measurements of strength, power, speed, and agility in high school football players*. Poster session presented at the annual meeting of the American College of Sports Medicine (ACSM), New Orleans, LA.
- Langley, J.G., **Bulger, S.M.**, & Wiegand, R.L. (2007, January). *Future directions in implementing developmentally appropriate strength and conditioning methods for physical educators and youth sport coaches*. Paper presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), Sand Key, FL.
- Mohr, D.J., Townsend, J.S., & **Bulger, S.M.** (2007, November). *Augmenting clinical fitness assessment with user friendly field based assessment*. Paper presented at the North Carolina Youth Strength and Conditioning Clinic, Boone, NC.
- Mohr, D.J., Townsend, J.S., & **Bulger, S.M.** (2007, November). *PETE issues and ideas: Innovative field placements in your back yard*. Paper presented at the North Carolina Alliance for Athletics, Health, Physical Education, Recreation, and Dance Annual Convention, Winston-Salem, NC.
- Mohr, D.J., Townsend, J.S., & **Bulger, S.M.** (2007, October). *Training pre-service teachers to use Sport Education*. Paper presented at the Conference for Historic Traditions and Future Directions in Research on Teaching and Teacher Education in Physical Education, Pittsburgh, PA.
- Mohr, D.J., Townsend, S.J., Bulger, S.M., & Rairigh, R.M. (2007, April). *The Sport Education revolution*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Baltimore, MD.
- Sidwell, A., & **Bulger, S.M.**, (2007, June). *Facilitating the senior year experience in physical education teacher education*. Paper presented at the National Student Teacher Supervision Conference, Slippery Rock, PA.
- Townsend, J.S., Mohr, D.J., **Bulger, S.M.**, & Rairigh, R.M. (2007, March). *The effect of a PASE basketball season on motor skill performance and health-related physical fitness in middle school physical education students*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Baltimore, MD.
- Bulger, S.M.** (2006, October). *Assessing physical activity and health-related fitness*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Huntington, WV.
- Bulger, S.M.** (2006, October). *Strategies for promoting exercise adherence*. Paper presented at the annual meeting of the West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD), Huntington, WV.

- Bulger, S.M.** (2006, January). *Maintaining connections: A web-enhanced approach to internship supervision*. Poster session presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), San Diego, CA.
- Bulger, S.M., & Hawkins, A.H.** (2006, October). *Discriminating distance learning: A case study*. Paper presented at the National Teacher Education Conference of the National Association for Sport and Physical Education (NASPE), Long Beach, CA.
- Bulger, S.M., & Housner, L.D.** (2006, April). *Modified Delphi investigation of exercise science in physical education teacher education*. Poster session presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Salt Lake City, UT.
- Bulger, S.M., Jacobson, B., & Lindauer, J.R.** (2006, January). *Infusion of a professional development curricular strand across an undergraduate exercise science program*. Poster session presented at the annual meeting of the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), San Diego, CA.
- Bulger, S.M., & Wiegand, R.L.** (2006, October). *Physical activity promotion and fitness education in PETE: Making connections across the curriculum*. Paper presented at the National Teacher Education Conference of the National Association for Sport and Physical Education (NASPE), Long Beach, CA.
- Mohr, D.J., Townsend, J.S., **Bulger, S.M.**, Rairigh, R.M., & Mohr, C. (2006, April). *Effect of a pedagogical approach to a Sport Education season on sport literacy*. Poster session presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Salt Lake City, UT.
- Sager, J.W., **Bulger, S.M.**, Pritchard, T., & Wiegand, R.L. (2006, April). *An examination of changes in prospective physical educators' belief systems across a PETE curriculum*. Paper presented at the Annual Convention of the American Educational Research Association (AERA), San Francisco, CA.
- Wiegand, R.L., Mohr, D.J., Townsend, J.S., Pritchard, T., & **Bulger, S.M.** (2006, April). *PETE issues and ideas: Building a highly qualified future*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Salt Lake City, UT.
- Bulger, S.M.** (2004, April). *Developmentally appropriate sport education*. Paper presented at UW-Eau Claire Faculty/Academic Staff Forum, Eau Claire, WI.
- Loomis, S.K., **Bulger, S.M.**, Lindauer, J.R., & Jacobson, B. (2004, April). *Evaluation of a professional development curricular strand in an undergraduate kinesiology program*. Poster session presented at the UW-Eau Claire Faculty and Undergraduate Student Research Day, Eau Claire, WI.
- Townsend, J.S., Mohr, D.J., Rairigh, R.M., **Bulger, S.M.**, Wellborn, B., Mohr, C., McKenzie, J., & Johnson, R. (2004, March). *The effect of a PASE basketball season on motor skill performance and health-related physical fitness in middle school physical education students*. Poster session presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), New Orleans, LA.

- Bulger, S.M.,** Mohr, D.J., & Wiegand, R.L. (2003, April). *Factors effecting student learning in traditional, theory-based versus alternative, pedagogical content knowledge-based exercise physiology courses: An explanatory study.* Poster session presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Philadelphia, PA.
- Lindauer, J., **Bulger, S.M.,** & Jacobsen, B. (2003, October). *The role of professional development in physical education teacher education.* Poster session presented at the National Teacher Education Conference of the National Association for Sport and Physical Education (NASPE), Baton Rouge, LA.
- Towensend, J.S., Wiegand, R.L., **Bulger, S.M.,** Mohr, D.J., & Metzler, M. (2002, April). *Curricular issues in physical education teacher education.* Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, CA.
- Bulger, S.M.,** Carson, L.M., Mohr, D.J., & Wiegand, R.L. (2000, July). *The infusion of a health-related fitness strand into the physical education teacher education curriculum.* Paper presented at the National Conference for K-12 Physical Educators of the National Association for Sport and Physical Education (NASPE), Baltimore, MD.
- Bulger, S.M.,** Mohr, D.J., Graves, M.A., & Wiegand, R.L. (2000, March). *The effectiveness of traditional, theory based versus alternative, pedagogical content knowledge based exercise physiology courses at delivering exercise physiology content knowledge to physical education teacher education students.* Poster session presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Orlando, FL.
- Carson, L.M., & **Bulger, S.M.** (2000, July). *Description of an after-school fitness education program for school-aged children.* Paper presented at the National Conference for K-12 Physical Educators of the National Association for Sport and Physical Education (NASPE), Baltimore, MD.
- Carson, L.M., **Bulger, S.M.,** & Townsend, J.S. (2000, July). *Enhance fitness levels by collaborating with classroom teachers: A middle school's success story.* Paper presented at the National Conference for K-12 Physical Educators of the National Association for Sport and Physical Education (NASPE), Baltimore, MD.
- Bulger, S.M.,** Graves, M.A., Mohr, D.J., & Townsend, J.S. (1999, November). *Inte"great"ion.* Paper presented at the State Conference of the Illinois Association for Health, Physical Education, Recreation and Dance (IAHPERD), Arlington Heights, IL.
- Bulger, S.M.,** Mohr, D.J., Graves, M.A., & Wiegand, R.L. (1999, October). *Preparing physical education teacher educators to be subdisciplinary specialists.* Paper presented at the National Teacher Education Conference of the National Association for Sport and Physical Education (NASPE), Bloomingdale, IL.
- Graves, M.A., **Bulger, S.M.,** Mohr, D.J., & Wiegand, R.L. (1999, October). *Description of an innovative curricular model for use in PETE.* Paper presented at the National Teacher Education Conference of the National Association for Sport and Physical Education (NASPE), Bloomingdale, IL.

- Graves, M.A., Mohr, D.J., **Bulger, S.M.**, & Townsend, J. S. (1999, November). *Sport education workshop*. Paper presented at the State Conference of the Illinois Association for Health, Physical Education, Recreation and Dance (IAHPERD), Arlington Heights, IL.
- Graves, M.A., Mohr, D.J., **Bulger, S.M.**, & Wiegand, R.L. (1999, February). *Techniques for teaching the sport education curriculum model to pre-service physical education teachers*. Paper presented at the Midwest District Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Huntington, WV.
- Housner, L.D., & **Bulger, S.M.** (1999, February). *Administrative roundtable*. Paper presented at the Midwest District Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Huntington, WV.
- Housner, L.D., Treanor, L., **Bulger, S.M.**, & Liang, G. (1999, April). *Managerial task structures and instructional climate: A study of beginning teachers, parents, and physical education teachers*. Paper presented at the Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Boston, MA.
- Mohr, D.J., **Bulger, S.M.**, Graves, M.A., & Wiegand, R.L. (1999, October). *A systematic strategy for assessing PETE programs*. Paper presented at the National Teacher Education Conference of the National Association for Sport and Physical Education (NASPE), Bloomington, IL.
- Robert, D.L., **Bulger, S.M.**, Mohr, D.J., & Wiegand, R.L. (1999, February). *Preparing prospective physical educators in exercise physiology*. Paper presented at the Midwest District Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Huntington, WV.
- Bulger, S.M.**, Cluphf, D., Housner, L.D., & Wilmoth, B. (1998, October). *Evaluating the basic instruction program: Triangulating data on program effectiveness*. Paper presented at the National Conference for Promoting Lifelong Physical Activity of the National Association for Sport and Physical Education (NASPE), Salt Lake City, Utah.

INVITED PRESENTATIONS AND WORKSHOPS

- Bulger, S.M.**, & Jones, E.M. (2013, April). *Fitnessgram and Activitygram Workshop*. Half-day workshop presented for Greenbrier County Schools, Lewisburg, WV.
- Elliott, E., & **Bulger, S.M.** (December, 2011). *The WV Physical Activity Plan: Moving toward one vision, one voice*. Presentation for the WV Legislative Oversight Commission on Health and Human Resources Accountability, Charleston, WV.
- Bulger, S.M.** (2010, October). *Fitnessgram and Activitygram Workshop*. Half-day workshop presented for RESA IV schools, Summersville, WV.
- Elliott, E., & **Bulger, S.M.** (2010, October). *WV Physical Activity Symposium and Camp New You Project Overview*. Presentation for the WV Legislative Oversight Commission on Health and Human Resources Accountability, Charleston, WV.
- Elliott, E., & **Bulger, S.M.** (2010, April). *Camp NEW You at WVU*. Invited presentation at the Centers for Disease Control & Prevention, Atlanta, GA.

Bulger, S.M. (2008, April). *Camp NEW You at WVU*. Workshop presented at Annual PEIA Pathways to Wellness Meeting, Bridgeport, WV.

Bulger, S.M., & Sager, J.W. (2007, August). *Using alternative curriculum and instructional models in school-based physical education: SPARK and Sport Education*. Two-day workshop presented at Putnam County Schools, Winfield, WV.

Carson, L.M., & **Bulger, S.M.** (1999, August). *Being Choosy Teachers*. One-day workshop presented at the Randolph County Schools Opening Day Faculty Conference, Elkins, WV.

FUNDING HISTORY

Small Research Grant, WVU College of Physical Activity & Sport Sciences **2014-present**
Small research grant provided \$1,000 in total funding for a concept mapping project regarding the identification of core competencies for school leaders relative to the development of comprehensive school physical activity programs.

McDowell CHOICES Grant, Highmark Foundation **2013-present**
Planning and implementation grant provided \$279,000 in total funding for comprehensive school physical activity programming in all schools within McDowell County, WV (<http://www.mcdowellchoices.org>).

Greenbrier CHOICES Project, U.S. Department of Education **2011-present**
Carol M. White PEP Grant provided \$881,273 in total funding for a multi-component children's physical activity intervention in Greenbrier County Schools, WV. The project components include school-based, community-based, and health care-based interventions (<http://www.greenbrierchoices.com>).

Small Research Grant, WVU College of Physical Activity & Sport Sciences **2012-present**
Small research grant provided \$1,100 in total funding for a concept mapping project regarding the development of a web-based training module for cooperating teachers in physical education.

WV Physical Activity Plan 1, West Virginia on the Move Inc. **2011-2012**
Contractual agreement provided \$13,336 in funding to support the development of a statewide physical activity plan (<http://www.wvphysicalactivity.org/>)

WV Physical Activity Plan 2, WVU Faculty Senate **2011-2012**
Community service grant provided \$8,926 in funding to support the development of a state-wide physical activity plan (<http://www.wvphysicalactivity.org/>).

Camp New You Program, Multiple Funding Sources **2008-2011**
Contractual agreement provided funding for the planning, implementing, and evaluating a year-long, family-based intervention to increase physical activity among at-risk adolescents. This external funding totaled \$150,000 from multiple sources including health insurance providers (PEIA, Blue Cross/Blue Shield, WVCHIP), private foundations (Mylan and Benedum Foundations), and WV state government (Office of Healthy Lifestyles) (<http://www.campnewyou.org/>)

Small Research Grant, WVU College of Physical Activity & Sport Sciences **2008-2009**
Small research grant provided \$427 in total funding for planning, implementing, and evaluating a community-based youth basketball league using the Sport Education Model.

Small Research Grant, WVU College of Physical Activity & Sport Science 2007-2008

Small research grant provided \$1750 in total funding for planning, implementing, and evaluating a web-based physical activity promotion initiative.

Student/Faculty Research Grant, University of Wisconsin-Eau Claire 2003-2004

Student/faculty research grant provided \$1050 in total funding for a student-faculty collaborative research project regarding professional development in undergraduate Kinesiology majors.

Small Research Project Grant, University of Wisconsin-Eau Claire 2001-2002

Small research grant provided \$500 in total funding for a survey research project investigating the role of exercise physiology in physical education teacher education.

MASTER'S COMMITTEE MEMBERSHIP

Anguish, B.M. (2010). *The effects of a randomized four-week dynamic balance training program on individuals with chronic ankle instability*. Master's thesis, West Virginia University, Morgantown, WV.

Baldwin, S.L. (2010). *The use of a proficiency-based clinical tool in the evaluation of clinical knowledge and skills in the athletic training setting*. Master's thesis, West Virginia University, Morgantown, WV.

Fitzpatrick, S. (2010). *The effects of a walking intervention on self-efficacy for coping with cancer and quality of life among cancer patients during treatment*. Master's thesis, West Virginia University, Morgantown, WV.

Hash, N.R. (2009). *Test re-test reliability of the UNC functional performance test*. Master's thesis, West Virginia University, Morgantown, WV.

Leslie, S.R. (2009). *Development of a soccer specific functional rehabilitation program using the Modified Delphi technique*. Master's thesis, West Virginia University, Morgantown, WV.

Lust, K. (2007) *The effects of a six-week training program on throwing accuracy, proprioception and core endurance in baseball*. Master's thesis, West Virginia University, Morgantown, WV.

Offenberger, C.D. (2008). *VMO exercises: A systematic review*. Master's thesis, West Virginia University, Morgantown, WV.

Perez, B.M. (2007). *The development of a clinical preventative screening tool for the lower quarter*. Master's thesis, West Virginia University, Morgantown, WV.

Pryor, D. (2008). *The development of a rotator cuff evaluation tool for the throwing athlete*. Master's thesis, West Virginia University, Morgantown, WV.

Smrzley, E.L. (2007). *The development of a screening tool for the prevention of shoulder injuries in baseball pitchers*. Master's thesis, West Virginia University, Morgantown, WV.

DOCTORAL COMMITTEE MEMBERSHIP

- Davis, W.J. (2013). An exploration of master's degree field study and teacher and student behavior in PE. Doctoral dissertation, West Virginia University, Morgantown, WV.
- Miller, W.M. (2013). *West Virginia physical education teacher perceptions of state mandated Fitnessgram testing and application of results*. Doctoral dissertation, West Virginia University, Morgantown, WV. (Committee Chair)
- Stapleton, D. (2012). *Adherence to appropriate instructional practice guidelines in American college and university physical activity programs*. Doctoral dissertation, West Virginia University, Morgantown, WV. (Committee Chair)
- Wyant, J.D., (2012). *A mixed methods analysis of a single-course strategy to integrate technology into PETE*. Doctoral dissertation, West Virginia University, Morgantown, WV. (Committee Co-chair)
- Langley, J.G. (2011). *Test-retest reliability of three versions of the 3-cone test*. Doctoral dissertation, West Virginia University, Morgantown, WV. (Committee Chair)
- Meeteer, W.R. (2011). *Improving student coaches' learning through teaching reflective techniques*. Doctoral dissertation, West Virginia University, Morgantown, WV.
- Choi, Y. (2010). *Changes in throwing pattern and perceptual judgment as the function of task variations for young children*. Doctoral dissertation, West Virginia University, Morgantown, WV.
- Conkle, J. (2010). *Students' response to physical activity behavioral modification intervention*. Doctoral dissertation, A.T. Still University, Mesa, AZ.
- DiGiacinto, K. (2010). *PE followed me home from school today: Effects of the Mylan Park Activity Challenge on Youth Summer Physical Activity*. Doctoral dissertation, West Virginia University, Morgantown, WV. (Committee Chair)
- Metcalf, A.A. (2010). *History, philosophy, and sociology of sport: Recommendations for physical education teacher education*. Doctoral dissertation, West Virginia University, Morgantown, WV.
- Ross, S.M. (2010). *Recommendations for biomechanics in the physical education teacher education curriculum*. Doctoral dissertation, West Virginia University, Morgantown, WV. (Committee Co-chair)
- Sidwell, A.M. (2009). *The effects of Active Living Every Day online on physical activity*. Doctoral dissertation, West Virginia University, Morgantown, WV. (Committee Chair)

CURRENT COURSES TAUGHT**Fall Semester 2005**

PET 349 Fitness Education	22 students
PET 451 Secondary Fitness Lab	22 students
PET 489 Senior Seminar	14 students
PE 165 Conditioning	29 students

Spring Semester 2006

PET 349 Fitness Education	23 students
PET 361 Elementary Fitness Lab	22 students
PET 451 Secondary Fitness Lab	21 students
PET 489 Senior Seminar	19 students

Summer Semester 2006

PET 605 Professional Issues	18 students (on-campus course required in online master's program)
PET 680 Fitness Education	16 students (on-campus course required in online master's program)

Fall Semester 2006

PET 361 Elementary Fitness Lab	23 students
PET 489 Senior Seminar	17 student
PET 791 Doctoral Seminar	6 students

Spring Semester 2007

PET 349 Fitness Education	21 students
PET 361 Elementary Fitness Lab	20 students
PET 451 Secondary Fitness Lab	23 students
PET 489 Senior Seminar	21 students

Summer Semester 2007

PET 605 Professional Issues	15 students (on-campus course required in online master's program)
PET 680 Fitness Education	23 students (on-campus course required in online master's program)

Fall Semester 2007

PET 349 Fitness Education	21 students
PET 451 Secondary Fitness Lab	20 students
PET 489 Senior Seminar	23 students
Student Teaching Supervision	2 students

Spring Semester 2008

PET 349 Fitness Education	21 students
PET 451 Secondary Fitness Lab	18 students
PET 489 Senior Seminar	19 students
Student Teaching Supervision	2 students

Summer Semester 2008

PET 605 Professional Issues	24 students (on-campus course required in online master's program)
PET 680 Fitness Education	25 students (on-campus course required in online master's program)

Fall Semester 2008

PET 489 Senior Seminar	15 students
PET 791 Doctoral Seminar	8 students
Student Teaching Supervision	2 students

Spring Semester 2009

PET 349 Fitness Education	20 students
PET 451 Secondary Fitness Lab	21 students
PET 489 Senior Seminar	23 students
Student Teaching Supervision	2 students

Summer Semester 2009

PET 605 Professional Issues	24 students (on-campus course required in online master's program)
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Fall Semester 2009

PET 349 Fitness Education	21 students
PET 451 Secondary Fitness Lab	22 students
PET 489 Senior Seminar	21 students
Student Teaching Supervision	2 students

Spring Semester 2010

PET 451 Secondary Fitness Lab	18 students
PET 791 Doctoral Seminar	5 students
Student Teaching Supervision	2 students

Summer Semester 2010

PET 605 Professional Issues	16 students (on-campus course required in online masters program)
PET 680 Fitness Education	18 students (on-campus course required in online masters program)

Fall Semester 2010

PET 349 Fitness Education	21 students
PET 451 Secondary Fitness Lab	19 students
PET 489 Senior Seminar	19 students
Student Teaching Supervision	2 students

Spring Semester 2011

PET 451 Secondary Fitness Lab	18 students
PET 487/488 Student Teaching	18 students
PET 489 Senior Seminar	18 students
PE 165 Conditioning	34 students
PE 182 Bowling	53 students

Summer Semester 2011

PET 605 Professional Issues	19 students (on-campus course required in online master's program)
PET 680 Fitness Education	20 students (on-campus course required in online master's program)

Fall Semester 2011

PET 349 Fitness Education	19 students
PET 451 Secondary Fitness Lab	21 students
PET 489 Senior Seminar	19 students
PET 487/488 Student Teaching	19 students

Spring Semester 2012

PET 489 Senior Seminar	21 students
PET 487/488 Student Teaching	21 students
PET 791 Doctoral Seminar	12 students

Summer Semester 2012

PET 605 Professional Issues	20 students (on-campus course required in online master's program)
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Fall Semester 2012

PET 167 Intro to PE	163 students
PET 349 Fitness Education	15 students
PET 489 Senior Seminar	13 students
PET 487/488 Student Teaching	13 students
PET 680 Fitness Education Theory	16 students (online)

Spring Semester 2013

PET 489 Senior Seminar	15 students
PET 487/488 Student Teaching	15 students
PET 349 Fitness Education	13 students

Summer Semester 2013

PET 605 Professional Issues	13 students (on-campus course required in online master's program)
PET 686 Final Practicum	13 students (on-campus course required in online master's program)

Fall Semester 2013

Administrative Release	
PET 349 Fitness Education	9 students
PET 680 Fitness Education Theory	15 students (online)

Spring Semester 2014

Administrative Release	students
PET 349 Fitness Education	12 students

Summer Semester 2014

PET 605 Professional Issues	xx students (on-campus course required in online master's program)
PET 686 Final Practicum	xx students (on-campus course required in online master's program)

PREVIOUS COURSES TAUGHT

Teacher Education Courses: The following courses were taught within a university physical education teacher education program for the purpose of enhancing the instructional effectiveness of prospective physical educators in children's physical activity, health-related physical fitness, and sport education.

- **Exercise for School-Aged Children:** This course introduced prospective physical educators to physiological and measurement systems, conditioning concepts, principles, and instructional techniques for teaching physical conditioning concepts to school-aged children.
- **Fitness Education Practicum:** This field placement complimented the previously described Exercise for School-Aged Children course. Students participated as personal trainers in the Future Fit program, a community-based fitness education program that promotes healthy, physically active lifestyles in children. During program implementation, the students provided instruction and engaged children in activities that develop cardiovascular endurance, muscular fitness, flexibility, and health-enhancing levels of body composition.
- **Motor Behavior Issues Seminar (Teaching Assistant):** This seminar involved assigned readings, group discussion, research, and practical application regarding human movement production. Emphasis was placed on bridging theory to practice. The specific theoretical perspective selected for

the semester was dynamic systems. The application to practice selections related to teaching/learning fundamental motor skills and rehabilitation of motor skills.

- **Teaching of Physical Fitness Education:** This course prepared prospective physical educators in the foundations and components of health-related fitness as well as appropriate curriculum for K-12, effective teaching principles, and the assessment of health-related fitness.
- **Teaching of Flag Football:** This course prepared prospective physical educators to use the instructional techniques, concepts, and strategies for teaching school-aged children flag football.
- **Teaching of Non-Traditional Sports/Activities:** This course prepared prospective physical educators to use the instructional techniques, concepts, and strategies for teaching school-aged children non-traditional sports and activities.
- **Student Teaching Placement:** This culminating series of school-based field placements for physical education majors involved the employment of systematic observation protocols consisting of data collection, data analyses and interpretations, goal setting, and strategy development for the purpose of facilitating student transition to post-college life.

Human Performance Courses: The following courses were taught within a university human performance program for the purpose of preparing students to perform effectively in a variety of clinical, corporate, community, and commercial health fitness facilities.

- **Introduction to Human Performance:** This course provided students with an introduction to the foundational concepts associated with physical activity, fitness, and health. The critical concepts included provided students with the theoretical background information required for the advanced study of exercise prescription and programming that occur later in the student's plan of study. A number of professional development issues were also addressed (e.g., networking, cover letters and resumes, job interviews, professional organizations and certifications).
- **Health Fitness Instruction:** This course provided students with the theoretical knowledge and practical skills required of the entry-level exercise specialist. It also qualified students for the National Council of Strength & Fitness Advanced Personal Trainer (NCSF-APT) certification.
- **Essentials of Strength and Conditioning:** This course introduced students to strength and conditioning program design, implementation, and evaluation. It also prepared students for the practical component of the National Strength & Conditioning Association Certified Strength & Conditioning Specialist (CSCS) examination.
- **Program Design and Development:** This course provided students with an overview of the critical management issues associated with the operation of a health fitness facility. Topics of discussion included professional liability, staff supervision, program development, financial management, program evaluation, and so forth.
- **Human Performance Internship:** This internship represented the final academic requirement for students enrolled in the Human Performance program. It consisted of a semester-long internship placement in a professional setting that is consistent with the career goals and interests of each student. The involved student intern, internship supervisor, and University internship coordinator worked collaboratively to establish a productive teaching-learning environment based upon the principles of experiential education. The primary purpose of this experiential learning initiative was

to provide students with an opportunity to integrate and apply the knowledge, skills, and abilities developed throughout their undergraduate education.

Physical Activity Courses: The following physical activity courses were taught within a university basic instruction program for the purpose of developing the necessary psychomotor, cognitive, and affective skills that enable an individual to enjoy a healthy, physically active lifestyle.

- **Badminton, Flag Football and Weight Training**

PROFESSIONAL AFFILIATIONS AND SELECTED SERVICE ACTIVITIES

American Alliance for Health, Physical Education Recreation, & Dance (AAHPERD)

- Member of AAHPERD Research Consortium
- Presenter at numerous AAHPERD national conventions
- Reviewer of research abstracts for the 2003, 2004, 2009, and 2010 AAHPERD National Conventions

National Association for Sport & Physical Education (NASPE)

- Presenter at numerous NASPE conferences
- Certified as Physical Best Health-Fitness Specialist
- Certified as Physical Best Health-Fitness Instructor
- Member of Physical Best Health-Fitness Specialist Exam Task Force
- Member of the Physical Best Steering Committee (2009-2012) – Committee Chair
- Member of the 2009 NASPE PETE Conference Planning Committee

West Virginia Association for Health, Physical Education, Recreation and Dance (WVAHPERD)

- Received 2011 WVAHPERD Scholar Award
- Received 2010 WVAHPERD Honor Award
- Received 2008 WVAHPERD Young Professional Award
- Served as President-Elect, President, and Past-President from 2011-present
- Served as VP-Elect, VP, and Past-VP for Higher Education from 2006-2009
- Facilitated Higher Education Workshop at the 2008 WVAHPERD Conference and the Young Professional's Workshop at the 2012 WVAHPERD Conference
- Attended periodic Board of Directors meetings during the academic year
- Assisted with planning the 2007, 2008, 2009, and 2012 WVAHPERD conferences
- Presenter at multiple WVAHPERD conferences

West Virginia on the Move (WVOM)

- Member of the Board of Directors from 2007-2010
- Attended monthly Board of Directors meetings and annual retreat
- Reviewer for schools grant program and coordinated revision of grant review process
- Chair of the state-wide physical activity intervention and Schools on the Move committees
- Member of the 2010 WV Physical Activity Symposium organizing committee

National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE)

- Presenter at multiple NAKPEHE conferences
- Reviewed manuscripts of the journal *Quest*

National Council on Strength & Fitness (NCSF)

- Faculty member for the Certified Personal Trainer (NCSF-CPT) and Advanced Personal Trainer (NCSF-APT) certification course
- Students completing my certification courses have achieved a passing rate of 100 percent on the NCSF Personal Trainer Board Certification Exam across multiple semesters

National Strength & Conditioning Association (NSCA)

- Certified Strength & Conditioning Specialist (CSCS) since 1993
- Awarded the 1999 NSCA Challenge Scholarship
- Program Sponsor and Director for the NSCA Educational Recognition Program
- Script writer for the NSCA functional anatomy/biomechanics videotape
- Member of the NSCA Speaker Resource Network
- Assistant Director for the 1996 National Strength & Speed Camp/Coaching Clinic
- Strength and conditioning consultant for various youth sports camps and clinics

Public Employee Insurance Agency (PEIA)

- Coordinated College of Physical Activity and Sport Sciences worksite wellness program
- Maintained open lines of communication with PEIA and University Wellness Coordinator

SERVICE TO THE DEPARTMENT, COLLEGE, AND UNIVERSITY

ICPE Director Search & Screen Committee, West Virginia University **2013-present**

Chaired the search and screen committee for a non-classified position as Director of ICPE/FIT Publishing within the College of Physical Activity and Sport Sciences.

College Personnel Committee, West Virginia University **2012-present**

Served as member of a committee that is charged with annual performance review of tenure-track faculty members including promotion and tenure decisions.

Project Director Search & Screen Committee, West Virginia University **2012-2013**

Chaired the search and screen committee for a grant program director position in the McDowell CHOICES Project within the College of Physical Activity and Sport Sciences.

Faculty Search & Screen Committee, West Virginia University **2012-2013**

Served as a member of the search and screen committee for a tenure-track faculty position in Physical Education Teacher Education within the College of Physical Activity and Sport Sciences.

Grants/Contracts Committee, West Virginia University **2006-2013**

Served as a member of a committee that addresses internal and external grant funding within the College of Physical Activity and Sport Sciences.

Technology Task Force, West Virginia University **2006-2009, 2010-2011, 2012-2013**

Served as a member of a task force that addresses issues regarding instructional technology within the College of Physical Activity and Sport Sciences.

Wellness Task Force, West Virginia University **2005-2009**

Chaired a committee that addresses health and wellness issues within the School of Physical Education.

Faculty/Student Exchange Subcommittee, West Virginia University **2006-2008**
Served as a member of a subcommittee that assesses funding proposals for faculty and student international travel through the International Center for Performance Excellence.

Rates of Student Success Committee, West Virginia University **2005-2006**
Served as a member of a university-wide committee that studies issues related to student retention and success across campus.

Online Continuing Education Course Subcommittee, West Virginia University **2005-2006**
Served as a member of a subcommittee that assesses the need for online continuing education opportunities through the International Center for Performance Excellence.

Advisory Council, University of Wisconsin-Eau Claire **2004-2005**
Served as a faculty representative on an interdisciplinary advisory group for the Career Services unit on campus.

Advisory Council, University of Wisconsin-Eau Claire **2004-2005**
Served as a faculty representative on an interdisciplinary advisory council for the Center for Collaborative Leadership in Education. The mission of the Center is to identify and secure resources to help educators at all levels develop collaborative leadership practices as a mechanism to foster excellence in teaching and learning.

Faculty Search & Screen Committee, University of Wisconsin-Eau Claire **2004-2005**
Chaired the search and screen committee for a tenure-track faculty position in Human Performance within the Department of Kinesiology.

Pre-Chiropractic Club, University of Wisconsin-Eau Claire **2004-2005**
Provided support for the student leaders of the Pre-Chiropractic Club as its faculty advisor. Partnered with a local chiropractic and physical therapy clinic to provide an off-campus meeting site for this new student organization.

Curriculum & Assessment, University of Wisconsin-Eau Claire **2000-2005**
Chaired the Department of Kinesiology faculty committee that oversees and assesses curriculum (through both internal and external review processes) in the areas of Athletic Coaching, Athletic Training, Human Performance, Physical Education, Movement Studies, and Basic Instruction.

Polar Plunge, Eau Claire Special Olympics **Spring 2005**
Organized student volunteers to assist with the management of a major fundraiser for the Eau Claire Special Olympics.

College Transition Team, University of Wisconsin-Eau Claire **2004 Summer**
Represented the Department of Kinesiology on a faculty committee commissioned to assist college administration with the reorganization of one college, three schools, and six academic departments into the College of Education and Human Sciences.

College Travel Work Group, University of Wisconsin-Eau Claire **2003 Spring**
Served on a work group consisting of faculty members, academic staff, and administrative personnel charged with the task of revising the protocol for travel expense reporting and reimbursement within the College of Professional Studies.

Faculty Search & Screen Committee, University of Wisconsin-Eau Claire 2003 Spring
Served on the search and screen committee for a tenure-track faculty position in Adapted Physical Education within the Department of Kinesiology.

Scholarship Committee, University of Wisconsin-Eau Claire 2002-2004
Served on the faculty committee that reviewed student applications and awarded scholarships within the Department of Kinesiology.

Technology Committee, University of Wisconsin-Eau Claire 2002-2004
Served on the faculty committee responsible for monitoring technological needs and conducting faculty/staff training in the use of instructional technologies within the Department of Kinesiology.

Nominating Committee, University of Wisconsin-Eau Claire 2000-2004
Chaired the faculty committee responsible for managing committee nominations and appointments within the Department of Kinesiology.

Faculty Search & Screen Committee, University of Wisconsin-Eau Claire 2002 Spring
Served on the search and screen committee for a tenure-track faculty position in Physical Education Teacher Education within the Department of Kinesiology.

Associate Dean Search & Screen Committee, University of Wisconsin-Eau Claire 2002 Spring
Chaired the search and screen committee for the Assistant/Associate Dean position within the College of Professional Studies.

Baccalaureate Portfolio Assessment, University of Wisconsin-Eau Claire 2001 Summer
Served on the faculty committee that reviewed graduate portfolios to assess performance related to the goals and learning outcomes associated with the Baccalaureate Degree.

ACADEMIC HONORS AND CERTIFICATIONS

Researcher of the Year Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstrated excellent performance in the mission area of research for FY 2012-2013.

Grantsperson of the Year Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstrated excellent performance in the mission area of grants and contracts for FY 2012-2013.

2012-2013 Excellence in Research Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for excellence in research.

2012-2013 Excellence in Teaching Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for excellence in teaching.

2012-2013 Excellence in Service Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for performing service to support the mission of the institution.

Grantsperson of the Year Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstrated excellent performance in the mission area of grants and contracts for FY 2011-2012.

2011-2012 Excellence in Research Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for excellence in research.

2011-2012 Excellence in Teaching Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for excellence in teaching.

2011-2012 Excellence in Service Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for performing service to support the mission of the institution.

Scholar Award, WV Association for Health, Physical Education, Recreation & Dance Award presented for outstanding scholarly work, presentations and active service to the areas of health, physical education, recreation and dance presented October 2011.

Outstanding Teacher of the Year Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for outstanding teaching for FY 2012-2013.

2010-2011 Excellence in Teaching Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for excellence in teaching.

2010-2011 Excellence in Research Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for excellence in research

Honor Award, WV Association for Health, Physical Education, Recreation & Dance Award presented for outstanding service and inspiration to the profession presented November 2010.

2009-2010 Excellence in Research Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for conducting research to support the mission of the institution.

2009-2010 Excellence in Teaching Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for excellent teaching to support the mission of the institution.

2009-2010 Excellence in Service Award, West Virginia University, College of Physical Activity & Sport Sciences In recognition for performing service to support the mission of the institution.

Researcher of the Year Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstrated excellent performance in the mission area of research for FY 2008-2009.

Grantsperson of the Year Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstrated excellent performance in the mission area of grants and contracts for FY 2008-2009.

Professional Servant of the Year Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstrated excellent performance in the mission area of service for FY 2008-2009.

Outstanding Researcher Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstration of outstanding research for FY 2008-2009.

Outstanding Teacher Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstration of outstanding teaching for FY 2008-2009.

Outstanding Service Award, West Virginia University, College of Physical Activity & Sport Sciences Award presented for demonstration of outstanding service for FY 2008-2009.

Young Professional Award, WV Association for Health, Physical Education, Recreation & Dance Award presented for outstanding achievement and service to the profession presented November 7, 2008.

Researcher of the Year, West Virginia University, School of Physical Education Award presented by the School of Physical Education for excellent performance in the mission area of research for FY 2007-2008.

Outstanding Service Award, West Virginia University, School of Physical Education Award presented for demonstration of outstanding service for FY 2007-2008.

Researcher of the Year, West Virginia University, School of Physical Education Award presented by the School of Physical Education for excellent performance in the mission area of research for FY 2006-2007.

Outstanding Researcher Award, West Virginia University, School of Physical Education Award presented for demonstration of outstanding research for FY 2006-2007.

Certified Strength & Conditioning Specialist, National Strength & Conditioning Association Title acknowledges competence in testing and evaluation, exercise prescription and program design in the areas of strength training and conditioning.

Challenge Scholarship, National Strength & Conditioning Association National academic scholarship awarded to organization members seeking either an undergraduate or graduate degree in a strength and conditioning-related field.

Gamma Beta Phi Honor Society, West Virginia University Membership in a national honor society that recognizes exemplary scholarship and service.

Graduate Student of the Year in HPER, North Dakota State University Award granted to the graduate student who best exemplifies what a health, physical education, and recreation professional should be.

Phi Kappa Phi Honor Society, North Dakota State University Membership in a national honor society that recognizes academic achievement in all disciplines.

Physical Best Health-Fitness Specialist, National Association for Sport & Physical Education Title acknowledges completion of training needed to implement health-related fitness education programs in school-based settings.

Physical Best Health-Fitness Instructor, National Association for Sport & Physical Education Title acknowledges completion of advanced training in the area of health-related fitness education that enables the recipient to conduct Physical Best training workshops on behalf of the national organization.