

# Damien Clement, Ph.D., ATC, CC-AASP, NCC, NASM-PES

College of Physical Activity and Sport Sciences  
205 Health and Education Building P.O. Box 6116  
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## EDUCATION

- Doctor of Philosophy: Sport and Exercise Psychology** May, 2008  
West Virginia University, Morgantown, West Virginia  
Dissertation: “Effectiveness of an educational intervention on the attitudes toward sport psychology of athletic training students.” (Dr. Andrew C. Ostrow, Chair)
- Master of Arts: Community Counseling** December, 2007  
West Virginia University, Morgantown, West Virginia  
Internship and Practicum: West Virginia University Student Assistance Program, (John Spraggins, Supervisor)
- Master of Science: Sport and Exercise Psychology** December, 2005  
West Virginia University, Morgantown, West Virginia  
Thesis: “Psychological readiness: Is this assessment valuable to athletic trainers in understanding athletes’ adherence and compliance.” Dr. Andrew C. Ostrow, Chair)
- Bachelor of Science: Sports Medicine/Athletic Training; Magna Cum Laude** May, 2003  
University of Charleston, Charleston, West Virginia  
Minors: Psychology & Leadership

## ACADEMIC AND TEACHING EXPERIENCES

- Associate Professor, Sport and Exercise Psychology /Athletic Training May 2014 – Present
- Assistant Professor, Sport and Exercise Psychology /Athletic Training August 2008 – May 2014
- Graduate Teaching Instructor, Sport and Exercise Psychology August 2007 – May 2008
- Graduate Teaching Assistant, Residential Education August 2003 – May 2004

## OTHER EXPERIENCES

- Resident Faculty Leader – Summit Hall, West Virginia University June 2015 – May 2016
- Teaching and Learning Commons Faculty Associate August 2016 – Present

## ACADEMIC HONORS, AND AWARDS

- West Virginia University (WVU) Foundation Award for Outstanding Teaching 2015
- Association for Applied Sport Psychology Dorothy V. Harris Award 2014
- Faculty Excellence, WVU Center for Service and Learning 2014
- Professor of the Year, WVU NAACP Image Awards 2014

- Outstanding Teacher of the Year Award, WVU College of Physical Activity and Sport Sciences (WVU CPASS) 2013
- Researcher of the Year Award, WVU CPASS 2009
- Excellence in Research Award, WVU CPASS 2009, 2010, 2012, 2013
- Excellence in Teaching Award, WVU CPASS 2009, 2011-2015
- Excellence in Service Award, WVU CPASS 2009, 2011, 2013 - 2015
- Faculty Research Travel Grant 2008 - 2016
- Outstanding Graduate Student, WVU Sport and Exercise Psychology 2005

### **PEER-REVIEWED PUBLICATIONS**

- Arvinen-Barrow, M., **Clement, D.** (In-Press). Preliminary investigation into sport and exercise psychology consultants' views and experiences of an interprofessional care team approach to sport injury rehabilitation. *Journal of Interprofessional Care*.
- Arvinen-Barrow, M., **Clement, D.**, Hamson-Utley, J., Kamphoff, C., Zakrajsek, R., Lee, S., Hemmings, B., Lintunen, T., & Martin, S. (In-Press). Athletes' expectations about sport injury rehabilitation: A cross-cultural study. *Journal of Sport Rehabilitation*.
- Arvinen-Barrow, M., **Clement, D.** (2015). A preliminary investigation into athletic trainers' views and experiences of multidisciplinary team approach to sport injury rehabilitation. *Athletic Training & Sports Health Care*, 7, 97-107.
- Bryant, L., & **Clement, D.** (2015). Coping strategies of female peer leaders participating in college club sports. *Recreational Sports Journal*, 39, 16-26.
- Arvinen-Barrow, M., **Clement, D.**, Hamson-Utley, J., Zakrajsek, R., Lee, S., Kamphoff, C., Lintunen, T., Hemmings, B., & Martin, S. (2015). Athletes' use of mental skills during sport injury rehabilitation. *Journal of Sport Rehabilitation*, 24, 189-197.
- Clement, D.**, Arvinen-Barrow, M., & Fetty, T. (2015). Psychosocial Responses during Different Phases of Sport Injury Rehabilitation: A Qualitative Study. *Journal of Athletic Training*, 50, 95-104.
- Clement, D.**, & Sibold, J. (2013). Advocating for the inclusion of athletic trainers within youth sports programs. *Athletic Training and Sports Health Care*, 5, 59-62.
- Clement, D.**, Granquist, M., & Arvinen-Barrow, M. (2013). Psychological aspects of athletic injuries as perceived by athletic trainers. *Journal of Athletic Training*, 48, 512-521.
- Arvinen-Barrow, M., **Clement, D.**, & Bayes, N. (2012). Athletes' attitudes toward physiotherapist. *International Journal of Multi-Disciplinary Studies and Sport Research*, 2, 324-334.
- Clement, D.**, Shannon, V., Connole, I. (2012). Performance enhancement groups for injured athletes, Part 2: Implementation and facilitation. *International Journal of Athletic Therapy & Training*, 17, 38-40.
- Clement, D.**, Hamson-Utley, J., Arvinen-Barrow, M., Kamphoff, C., Zakrajsek, R., & Martin, S. (2012). College athletes' expectations about injury rehabilitation with an athletic trainer. *International Journal of Athletic Therapy & Training*, 17, 18-27.
- Clement, D.**, Shannon, V., & Connole, I. (2012). Performance enhancement groups for injured athletes, Part 1: Preparation and development. *International Journal of Athletic Therapy & Training*, 17, 34-36.

- Clement, D.** & Gilson, T. (2012). Helping athletic training students deal with stress. *International Journal of Athletic Therapy & Training*, *17*, 20-23.
- Clement, D.** & Shannon, V. (2011). Injured athletes' perceptions about social support. *Journal of Sport Rehabilitation*, *20*, 457-470.
- Clement, D.**, Shannon, V., & Connole, I. (2011). Performance enhancement groups for injured athletes. *International Journal of Athletic Therapy & Training*, *16*, 34-36.
- Cook, M., Tennant, K., Teed, K. C., Brooks, D., Althouse, R., & **Clement, D.** (2010). Investigating ritualized campus and student fan misbehavior. *Journal for the Study of Sports and Athletes in Education*, *4*, 77-94.
- Clement, D.** & Shannon, V. (2009). The impact of a workshop on athletic training students' sport psychology behaviors. *The Sport Psychologist*, *23*, 504-522.
- Clement, D.**, Brooks, D., & Wilmoth, B. (2009). Parental attitudes towards physical activity: A preliminary analysis. *International Journal of Fitness*, *5*, 1-11.
- Watson II, J. C., **Clement, D.**, Blom, L., & Grindley, E. (2009). Mentoring: Processes and perceptions of sport and exercise psychology graduate students. *Journal of Applied Sport Psychology*, *21*, 231-246.
- Clement, D.** & Shannon, V. (2009). A rationale for using a pre-assessment tool prior to injury rehabilitation. *International Journal of Athletic Therapy & Training*, *14*, 21-24.
- Clement, D.** (2008). The transtheoretical model: An exploratory look at its applicability to injury rehabilitation. *Journal of Sport Rehabilitation*, *17*, 269-282.
- Watson II, J. C. & **Clement, D.** (2008). Ethical and practical issues related to multiple role relationships in sport psychology. *Athletic Insight*, *10*, 1-13.
- Watson II, J. C., **Clement, D.**, Harris, B., Leffingwell, T. R., & Hurst, J. (2006). Teacher-practitioner multiple role issues in sport psychology. *Ethical Practices*, *16*, 41-59.
- Keeler, L., & **Clement, D.** (2006). College students' perceptions of hazing in athletics and the effectiveness of high school hazing policies and consequences at reducing hazing. *Journal of Contemporary Athletics*, *2*, 35-56.

### **MANUSCRIPTS UNDER REVIEW**

- Van Horn, S. & **Clement, D.** (In review). A preliminary investigation of r-injury anxiety in club sport athletes. Submitted to *Recreational Sports Journal*.
- Huysmans Z. & **Clement, D.** (In review). A preliminary exploration of the application of self-compassion within the context of sport injury. Submitted to *Journal of Sport & Exercise Psychology*.
- Arvinen-Barrow, M. & **Clement, D.** (In review). Athletic trainers' views on psychosocial issues and referral practices. Submitted to *Athletic Training Education Journal*.

## BOOKS

Brooks, D., Cameon, K., & **Clement, D.** (2008). *Directory of Funding Sources in Health, Physical Education, Recreation, and Dance*. Fitness Information Technology, a Division of the International Center for Performance Enhancement. West Virginia University, Morgantown, West Virginia.

## BOOK CHAPTERS

**Clement, D.**, Arvinen-Barrow, M., & Van Horn, S. (In-Press). Les émotions comme antécédents et conséquences de la blessure en sport. In M. Campo & B. Louvet (Eds.), *Les émotions en sport et en EPS - Enseignement, performance et santé*.

Arvinen-Barrow, M. & **Clement, D.** (In-Review). Persons with exercise injuries. In S. Razon & M. Sachs (Eds.), *Applied Exercise Psychology: The Challenging Journey from Motivation to Adherence*.

**Clement, D.**, & Arvinen-Barrow, M. (2013). Sport medicine team influences in psychological rehabilitation: A multidisciplinary approach. In M. Arvinen-Barrow & Walker, N. (Eds.), *The psychology of sport injury & rehabilitation* (pp. 156-170). London, UK: Routledge.

Arvinen-Barrow, M., **Clement, D.**, & Hemmings, B. (2013). Imagery in sport injury rehabilitation. In M. Arvinen-Barrow & N. Walker, N. (Eds.), *The psychology of sport injury & rehabilitation* (pp. 71-85). London, UK: Routledge.

Watson II, J. C. & **Clement, D.** (2010). Psychological services for rural athletes. In S. Hanrahan, & M. Andersen, (Eds.), *Routledge handbook of applied sport psychology: A comprehensive guide for students and Practitioners* (pp. 423-431). New York, New York: Routledge.

Tunick, R., & **Clement, D.** (2009). Counseling injured and disabled student-athletes: A guide for understanding and intervention. In E. Etzel, (Ed.), *Counseling services for student-athlete* (pp. 403-450). Morgantown, West Virginia: Fitness Information Technology, a Division of the International Center for Performance Enhancement. West Virginia University.

## GRANT WRITING

**Clement, D.** (2008). Investigating rural athletes' attitudes towards sport psychology. Funded by a College of Physical Activity and Sport Sciences Internal Grant for \$400.00. **(PI)**

**Clement, D.**, Shannon V. (2009). Development and evaluation of a pilot performance enhancement group (PEG) for injured college student athletes at two NCAA Institutions. Extramural grant funded by Association for Applied Sport Psychology for \$392.00. **(Co-PI)**

**Clement, D.**, Alt, J., & Shannon, V. (2010). Performance enhancement groups as a prevention and treatment modality for student athletes. Extramural pre-proposal not accepted for full proposal by National Athletic Trainers' Research & Education Foundation. **(Co-PI)**

**Clement, D.** (2010). Psychological performance enhancement training as a prevention modality for high school athletes. Extramural grant application submitted to American Psychological Foundation for \$4,882. **(PI)**. Grant not funded.

**Clement, D.** (2011). A repeated measures assessment of stress and burnout in West Virginia based collegiate athletic trainers over an academic year: A preliminary investigation. Extramural grant application submitted to Mid Atlantic Athletic Trainers' Association for \$1,036. **(PI)**. Grant not funded.

- Clement, D.** (2012). A web-based cognitive behavioral intervention to promote stress management among athletic trainers: A pilot intervention study. Funded by a College of Physical Activity and Sport Sciences Internal Grant for \$1,500.00. **(PI)**
- Clement, D.** (2012). Development of an interactive web-based cognitive behavioral intervention to promote stress management among university faculty members. Extramural grant application submitted to Snee-Reinhardt Charitable Foundation for \$21,350.25. **PI**. Grant not funded.
- Clement, D.** (2012). Evaluating the use of cognitive behavioral therapy and relaxation training to reduce work-related stress in high school teachers. Extramural pre-proposal not accepted for full proposal by Robert Wood Johnson Foundation. **(PI)**.
- Clement, D.** (2012). Theoretical development and efficacy testing of a web-based burnout intervention for the athletic training profession. Extramural pre-proposal accepted for full proposal by National Athletic Trainers' Research & Education Foundation. **(PI)**.
- Clement, D.** (2013). Theoretical development and efficacy testing of a web-based burnout intervention for the athletic training profession. Extramural grant application submitted to National Athletic Trainers' Research & Education Foundation for \$55,702. **(PI)**. Grant not funded.

## **INVITED PRESENTATIONS**

### **International**

- Clement, D.** (May, 2013). *Counseling & psychopathology in injured athletes*. Presented as part of the 2<sup>nd</sup> Annual Caribbean Sport Psychology Conference. Port of Spain, Trinidad and Tobago.
- Clement, D.** (May, 2011). *Psychology of sport injury*. Presented as part of the 1<sup>st</sup> Annual Caribbean Sport Psychology Conference. Port of Spain, Trinidad and Tobago.

### **National**

- Clement, D.** (June, 2014). *Bridging the gap between athletic injuries and sport psychology*. Presented as part of Saint Mary's College of California Graduate Kinesiology Colloquium – Silently Inured: Student –Athletes, Concussions, and Mental Health. Saint Mary's College of California Moraga, CA.
- Clement, D.** (June 2014). *Athletic injuries and psychology. What Athletic Training Students Should Know*. Presented as part of the National Athletic Trainers' Association, 65<sup>th</sup> Clinical Symposia and AT Expo. Indianapolis, IN.

### **Regional**

- Clement, D.** (May 2016). *Maximizing injury rehabilitation*. Presented as part of Mid-Atlantic Athletic Trainers' Association Annual Meeting. Virginia Beach, VA.
- Clement, D.** (November 2014). *Injury and psychology*. (2014). Presented at Florida State University as part of Sport Psychology Organization and Research Team Annual Speaker Series. Tallahassee, FL.
- Clement, D.** (February, 2012). *Athletic injuries and psychology*. Presented as part of the West Virginia Athletic Trainers' Association Annual Sports Medicine Conference. Morgantown, WV.
- Clement, D.** (March, 2010). *Sport psychology & athletic training*. Presented as part of Waynesburg University's Athletic Training Speaker Series and Open House. Waynesburg University, Waynesburg, PA.
- Clement, D.** (February, 2009). *Sport psychology & athletic training*. Presented as part of West Virginia Athletic Trainers' Association Annual Sports Medicine Conference. Charleston, WV.

## **PROFESSIONAL PRESENTATIONS AND PUBLISHED ABSTRACTS**

Note: All published abstracts from conference proceedings were peer reviewed

\*\* Denotes a data based presentation based upon original research

- Watson, J., Stambulova, N., Johnson, U., Clement, D., Linnér, L., & Ekengren, J. The Internationalization of Training in Sport and Exercise Psychology. To be presented at Association for Applied Sport Psychology Annual Conference. Phoenix, AZ.\*\*
- Van Horn, S. & **Clement, D.** A Preliminary Investigation of Re-injury Anxiety in Club Sport Athletes. To be presented at Association for Applied Sport Psychology Annual Conference. Phoenix, AZ.\*\*
- Arvinen-Barrow, M. & **Clement, D.** Preliminary investigation into previously injured athletes' views and experiences of a multidisciplinary approach to sport injury rehabilitation. To be presented at Association for Applied Sport Psychology Annual Conference. Phoenix, AZ.\*\*
- Arvinen-Barrow, M. & **Clement, D.** (October 2015). *A Preliminary investigation into sport psychology professionals' views and experiences of a multidisciplinary team approach to sport injury rehabilitation.* Presented at the Association for Applied Sport Psychology Annual Conference. Indianapolis, Ind.\*\*
- Bryant, L., **Clement, D.**, Voelker, D., & Onderik, A. (October, 2015). Injury, perfectionism, and eating and exercise behaviors in college dance majors. Presented at the Association for Applied Sport Psychology Annual Conference. Indianapolis, Ind.\*\*
- Arvinen-Barrow, M. & **Clement, D.** (July, 2015). Strategies to improve sport psychology consultants relationships with sport medicine professionals and access to injured athletes. Presented at the 14th European Congress of Sport Psychology (FEPSAC). Bern, Switzerland.
- Bryant, L., & **Clement, D.** (October, 2014). *Stressors and coping strategies of female club sports leaders.* Presented at the 2014 Annual Conference for Association for Applied Sport Psychology. Las Vegas, NV.\*\*
- Arvinen-Barrow, M., **Clement, D.**, Hamson-Utley, J., Kamphoff, C., Zakrajsek, R., Lee, S. M., Hemmings, B., Lintunen, T., & Martin, S. (October, 2014). *Athletes' expectations about sport injury rehabilitation: A cross cultural study.* Presented at the 2014 Annual Conference for Association for Applied Sport Psychology. Las Vegas, NV.\*\*
- Clement, D.** & Arvinen-Barrow, M. *Psychosocial responses during different phases of sport injury rehabilitation: A qualitative study.* Presented at the 2013 Annual Association for Applied Sport Psychology. New Orleans, LA.\*\*
- Arvinen-Barrow, M., **Clement, D.**, Granquist, M., & Hamson-Utley. *Psychosocial aspects of sport injury: An athlete-centered approach.* Presented at the 2013 Annual Association for Applied Sport Psychology. New Orleans, LA.
- Curnock, L., Camp, K., Heisler A., Gilson, T., & **Clement, D.** *A qualitative case study: Investigation of coaching after a career-ending injury.* Presented at the 2013 Annual Association for Applied Sport Psychology. New Orleans, LA.\*\*
- Arvinen-Barrow, M., **Clement, D.**, & Bayes, N. (July, 2013). *Athletes' attitudes toward physiotherapists.* Presented at the 2013 International Society of Sport Psychology Conference 13<sup>th</sup> World Congress of Sport Psychology. Beijing, China.\*\*
- Clement, D.**, Arvinen-Barrow, M., Hamson-Utley, J., Kamphoff, C., Zakrajsek, R., Lee, S. M., Robson, R.,

- Hemmings, B., Lintunen, T., & Martin, S. (October, 2012). *Athletes' use of psychosocial strategies during sport injury rehabilitation*. Presented at the 2012 Annual Conference for Association for Applied Sport Psychology. Atlanta, GA.\*\*
- Berrebi, M., Bryant, L., & **Clement, D.** (October, 2012). *Transitioning into a doctoral program from undergraduate studies: Two first-years' perspectives*. Presented at the 2012 Annual Conference for Association for Applied Sport Psychology. Atlanta, GA.
- Kadushin, P., & **Clement, D.** (October, 2012). *Parent-initiated and coach-created motivational climate and youth achievement goal orientation*. Presented at the 2012 Annual Conference for Association for Applied Sport Psychology. Atlanta, GA.\*\*
- Gilson, T., & **Clement, D.** (October, 2012). *Athletic training students and stress: A preliminary investigation of the influence of demographic factors*. Presented at the 2012 Annual Conference for Association for Applied Sport Psychology. Atlanta, GA.\*\*
- Arvinen-Barrow, M., **Clement, D.**, Robson, R., Hamson-Utley, J., Kamphoff, C., Zakrajsek, R., & Martin, S. (April, 2012). *UK triathletes expectations of rehabilitation physiotherapy: A cross sectional study*. Presented at the 2012 British Psychological Society Annual Conference. London, UK.\*\*
- Clement, D.**, & Granquist, M. (September, 2011). *Psychological aspects of athletic injuries as perceived by athletic trainers*. Presented at the 2011 Annual Conference for Association for Applied Sport Psychology. Honolulu, HI.\*\*
- Clement, D.**, Martin, S., Arvinen-Barrow, M., Hamson-Utley, J., Kamphoff, C., & Zakrajsek, R. (September, 2011). *College athletes' expectations about athletic training and injury rehabilitation*. Presented at the 2011 Annual Conference for Association for Applied Sport Psychology. Honolulu, HI.\*\*
- Shannon, V., & **Clement, D.** (September, 2011). *Is there really room for sport psychology in the athletic training room?* Presented at the 2011 Annual Conference for Association for Applied Sport Psychology. Honolulu, HI.
- Ottley, M., Richards, V., Bernal, D., Holmes, K., La Guerre, D., & **Clement, D.** (September, 2011). *Through our eyes a Caribbean vision: Challenges and strengths of being a Caribbean consultant in the US*. Presented at the 2011 Annual Conference for Association for Applied Sport Psychology. Honolulu, HI.
- Clement, D.**, & Shannon, V. (October, 2010). *Injured athletes' perceptions surrounding social support*. Presented at the 2010 Annual Conference of the Association for Applied Sport Psychology, Providence, RI.\*\*
- Clement, D.**, Shannon, V., & Connole, I. (October, 2010). *A performance enhancement group (PEG) for injured college student athletes: Development, facilitation, and effectiveness*. Presented at the 2010 Annual Conference of the Association for Applied Sport Psychology, Providence, RI.\*\*
- Clement, D.** (September, 2009). *The impact of a workshop on athletic training students' sport psychology behaviors*. Presented at the 2009 Annual Conference of the Association for Applied Sport Psychology, Salt Lake City, UT.\*\*
- Clement, D.** (September, 2009). *Rural athletes' attitudes toward sport psychology consulting: An exploratory investigation*. Presented at the 2009 Annual Conference of the Association for Applied Sport Psychology, Salt Lake City, UT.\*\*
- Prewitt, T., Becker, A., **Clement, D.**, & Galli, N. (September, 2009). *A day in the life: What it takes to be a new*

*professional in the field of sport and exercise psychology*. Presented at the 2009 Annual Conference of the Association for Applied Sport Psychology, Salt Lake City, UT.

**Clement, D.**, Visek, A., Parker, P., & Harris, B. (September, 2009). *Same terminal degree, different career avenues: The paths of four sport and exercise psychology professionals in academia*. Presented at the 2009 Annual Conference of the Association for Applied Sport Psychology, Salt Lake City, UT.

Parker, P., Visek, A., **Clement, D.**, & Harris, B. (March, 2009). *Jobs in academia: A panel discussion with assistant professors in sport & exercise psychology*. Presented at the 2009 Annual Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.

**Clement, D.** (September, 2008). *A preliminary examination of athletic training students' attitudes towards sport psychology consulting*. Presented at the 2008 Annual Conference of the Association for Applied Sport Psychology, St Louis, MO.\*\*

**Clement, D.**, Brooks, D., & Althouse, R. (November, 2007). *"Stacking" in the English premier league: A look at 2006-2007 Season*. Presented at the 2007 Annual Conference of the North American Society for the Sociology of Sport, Pittsburgh, PA.\*\*

Cook, M., Tennant, K., Brooks, D., Althouse, R., Teed, K., & **Clement, D.** (November, 2007). *Investigating ritualized campus and student fan behavior*. Presented at the 2007 Annual Conference of the North American Society for the Sociology of Sport, Pittsburgh, PA.\*\*

**Clement, D.**, Vosloo, J., Abildso, C., Monda, S., & Geer, J. (October, 2007). *Dealing with college student athlete transitions: The role of sport psychology consultants*. Presented at the 2007 Annual Conference of the Association for Applied Sport Psychology, Louisville, KY.

**Clement, D.** & Abildso, C. (October, 2007). *A review of the online marketing credentials of United States-based AASP certified consultants*. Presented at the 2007 Annual Conference of the Association for Applied Sport Psychology, Louisville, KY.\*\*

**Clement, D.**, Brooks, D., & Althouse, R. (November, 2006). *Trinidad and Tobago cricket/soccer: Sport and social stratification revisited*. Presented at the 2006 Annual Conference of the North American Society for the Sociology of Sport, Vancouver, British Columbia, Canada. \*\*

Brooks, D., Althouse, R., & **Clement, D.** (November, 2006). *Dr. Charles "pruner" West" pioneer african american scholar athlete*. Presented at the 2006 Annual Conference of the North American Society for the Sociology of Sport, Vancouver, British Columbia, Canada.

**Clement, D.**, & Keeler, L. A. (September, 2006). *College students' perception of high school athletic hazing, hazing policies and hazing consequences: Implications for sport psychology consultants*. Presented at the 2006 Annual Conference of the Association for the Advancement of Applied Sport Psychology, Miami, FL.\*\*

Abildso, C., Keeler, L. A., **Clement, D.**, & Etzel, E. F., (September, 2006). *Online marketing: How AAASP certified consultants are presenting their credentials*. Presented at the 2006 Annual Conference of the Association for the Advancement of Applied Sport Psychology, Miami, FL. \*\*

Watson II, J. C., **Clement, D.**, Blom, L., & Grindley, E. (September, 2006). *An evaluation of graduate student mentoring programs in sport and exercise psychology*. Presented at the 2006 Annual Conference of the Association for the Advancement of Applied Sport Psychology, Miami, FL. \*\*



- Clement, D.**, & Ostrow, A. (May, 2006). *Psychological readiness: Is this assessment valuable to athletic trainers in understanding athletes' adherence and compliance?* Presented at the 2006 Annual Mid Atlantic Trainers' Association Meeting and Symposium, Virginia Beach, VA. \*\*
- Clement, D.**, & Watson II, J. (October, 2005). *Diversity training in graduate sport psychology programs: A survey of students' perceptions.* Presented at the 2005 Annual Conference of the Association for the Advancement of Applied Sport Psychology, Vancouver, British Columbia, Canada. \*\*
- Watson II, J., Leffingwell, T., Harris, B., **Clement, D.**, & Hurst, J. (October, 2006). *Teacher-practitioner dual roles relationships: How do we handle them?* Presented at the 2005 Annual Conference of the Association for the Advancement of Applied Sport Psychology, Vancouver, British Columbia, Canada.\*\*
- Althouse, R., Brooks, D., & **Clement, D.** (November, 2004). *Remembering Jim Crow: Pride within black high school athletics.* Presented at the 2004 Annual Conference of the North American Society for the Sociology of Sport, Tucson, AZ.\*\*
- Brooks, D., Althouse, R., & **Clement, D.** (November, 2004). *WVU: Local economy to beast of the east.* Presented at the 2004 Annual Conference of the North American Society for the Sociology of Sport, Tucson, AZ.\*\*
- Teed, K., **Clement, D.**, & Bosetti, H. (November, 2004). *Brown vs. Board of Education: Sports as an agent of change.* Presented at the 2004 Annual Conference of the North American Society for the Sociology of Sport, Tucson, AZ.
- Hurst, J., Etzel, E., Naoi, A., & **Clement, D.** (September, 2004). *Coordinating teaching, service and research between athletic training and sport psychology professionals.* Presented at the 2004 Annual Conference of the Association for the Advancement of Applied Sport Psychology, Minneapolis, MN.

## **DESCRIPTION OF COURSES TAUGHT**

### **West Virginia University, Undergraduate Courses:**

- **First Year Seminar (WVUE 191) (Taught one time – Average 28 students)**  
The 1 credit course will provide students with a range of academic components needed to achieve student success and successfully transition to West Virginia University.
- **Cross Cultural Perspectives in Sport and Exercise Psychology (SEP 493Q) (Taught three – Average 12 students)**  
This study abroad course included a 2-credit on-campus/on-line section designed to prepare students for the travel experience and process the travel upon return, and a 1-credit lab experience associated with the actual travel to abroad to Sweden (twice) and once to Czech Republic.
- **Professional Issues in Sport Psychology 4 (SEP 213/313) (Taught five times – Average 24 students)**  
This 1-3 credit hours course provides students majoring in sport and exercise psychology with the necessary skills needed to succeed upon their graduation from the sport and exercise psychology program.
- **Professional Issues in Sport Psychology 3 (SEP 212/312) (Taught five times – Average 24 students)**  
This 1-3 credit hours course provides students majoring in sport and exercise psychology with an introduction to graduate school and the necessary skills needed to prepare them for graduate education.
- **Sport Performance Enhancement (SEP 420) (Online) (Taught seven times – Average 15 students)**  
This course provides an introduction to the processes and techniques involved in using psychology to help athletes and coaches improve their performance.

- **Professional Issues in Sport Psychology (SEP 210)** (Online) (Taught seven times – Average 15 students)  
This course provides an introduction to professional issues relevant to the field of sport psychology and provides opportunities for students to gain practical experience within the field.
- **Professional Issues in Sport Psychology 2 (SEP 211)** (Online) (Taught three times – Average 10 students)  
This is 1-3 credit hours course provides students majoring in sport and exercise psychology with a comprehensive overview of the field of sport and exercise psychology.
- **Psychological Aspects of Sport Injury (SEP 425)** (Taught nine times – Average 53 students)  
This upper-level course involves the study of various topics related to the psychological aspects of sport injury. In general this course will examine issues associated with the onset, treatment, and rehabilitation of sport injury.
- **Professional Field Experience (SEP 491)** (Taught eight times – Average 3.8 students)  
This course involves a pre-arranged experiential learning program, to be planned, supervised, and evaluated for credit by faculty and field supervisors. This course also involves temporary placement with public or private enterprise for professional competence development.
- **Social Psychology of Sport (SEP 385)** (Taught twice – Average 37 students)  
This course provides an introduction to the study of how and why performance is affected by interactions with others in sport.
- **African Americans in Sport (SEP 373)** (In class and Online) (Taught nine times – Average 22 students)  
This course provides a sociocultural and historical overview of the contributions of African-Americans in sport in America.
- **Psychological Perspectives of Sport (SEP 272)** (Taught one time – Average 9 students)  
An examination of personality and behavioral factors as they affect participation in sport. Topics such as stress and sport, body image, aggression and the sport participant, and the licensure of sport psychologists highlight the course.

#### West Virginia University, Graduate Courses:

- **Psychological Aspects of Sport Injury (SEP 723)** (Taught seven times – Average 18 students)  
This course explores the psychosocial antecedents to athletic injury and factors related to the psychological experience and treatment of the injured athlete.
- **Integrated Functional Human Performance (ATTR 655)** (Taught eight times – Average 15 students)  
This course is designed to instruct students in the theory of integrated functional human performance and design/application of the material to integrate knowledge learned with professional experience and prior learning in fitness and rehabilitation.
- **Science and Theory of Rehabilitation (ATTR 625)** (Taught eight times – Average 14 students)  
This course will present the current theory of therapeutic exercise techniques as they relate to the rehabilitation of the physically active individual.

## **COURSE SUPERVISION RESPONSIBILITIES**

**Supervision responsibilities for the classes listed below entailed: providing feedback on course syllabi, attending classes at least twice a month, evaluating instructors and providing constructive feedback, meeting with instructors on a weekly basis to review upcoming class sessions and processing previous class session, grading ½ of class assignments, and submitting grades for all classes.**

SEP 210 – Professional Issues in Sport Psychology – Supervised 16 times – Average students - 40 students

SEP 211 – Professional Issues in Sport Psychology 2 – Supervised four times – Average students - 51 students

SEP 212 – Professional Issues in Sport Psychology 3 – Supervised two times – Average students - 24 students

SEP 213 – Professional Issues in Sport Psychology 4 – Supervised two times – Average students - 38 students

## **SERVICE**

### **Professional**

- Reviewer, European Congress of Sport Psychology (FEPSAC) Program Spring 2015
- Member, Advisory Board, Online Master’s Program in Athletic Training October 2014 – Present  
University of St Augustine
- Member, Association for Applied Sport Psychology (AASP) Ethics Committee September 2011 – May 2016
- Senior Reviewer, Athletic Insight March 2011 – Present
- Reviewer, Athletic Training Education Journal June 2009 – Present
- Student Oral Evaluator, MAATA March 2009 – Present
- Reviewer, Journal of Sport Rehabilitation March 2009 – Present
- Reviewer, International Journal of Athletic Therapy and Training February 2009 – Present
- Reviewer, AASP Conference Program February 2009 – Present
- Chair, AASP Welcome Committee September 2008 – September 2011
- Student Representative, AASP September 2006 – October 2007

### **College of Physical Activity and Sport Sciences Service**

- Interim Chair, College of Physical Activity and Sport Sciences, Curriculum and Assessment/Student Awards May 2016 – August 2016
- Member, Search and Screen Committee, Sport and Exercise Psychology Teaching Assistant Professor position February 2016 – June 2016
- Member, College of Physical Activity and Sport Sciences, Promotion and Tenure Committee August 2015 - Present
- Chair, Search and Screen Committee, ATTR Clinical Instructor/Clinical Coordinator position February – May 2014
- Member, Search and Screen Committee, Sport and Exercise Psychology Assistant Professor position December 2013- May 2014
- Chair, College of Physical Activity and Sport Sciences, Curriculum and Assessment/Student Awards August 2013 – May 2015
- Chair, College of Physical Activity and Sport Sciences, Ad Hoc Academic Appeal Committee July 2013
- Member, College of Physical Activity and Sport Sciences, Ad Hoc Academic Appeal Committee May, 2013
- Coordination, SEP Program Comprehensive Examinations July 2013 – Present
- Member, College of Physical Activity and Sport Sciences, Academic Standards Committee August 2011 – May 2012

- Verification of UG Program Students' Community Service Hours Fall 2010 – Present
- Co-Coordination, Sport and Exercise Psychology, Peer Advisors Spring 2009 – May 2015
- Editor, Sport Exercise Psychology Free Press Fall 2010 – May 2014
- Coordination of Sport and Exercise Psychology Undergraduate Admissions Process Fall 2011 – Present
- Member, College of Physical Activity and Sport Sciences, Technology Subcommittee January 2009 – May 2009
- Member, College of Physical Activity and Sport Sciences, Curriculum and Assessment/Student Awards August 2009 – May 2013  
August 2015 – Present
- Coordination of Ph.D. Program Inquires August 2008 – Present
- Faculty Advisor, Undergraduate Sport Psychology Club August 2008 – May 2015
- Approved Clinical Instructor, WVU Athletic Training Education Program September 2008 – Present

### **University**

- Moderator, WVU New Faculty Orientation August, 2016
- Panelist, WVU New Faculty Orientation August, 2015
- Reviewer, Disability Studies Capstone Presentations Spring 2015
- Senator, WVU Faculty Senate August , 2014 – Present
- Member, Mr. Mountaineer Interview Panel October, 2014
- Master of Ceremony, Chancellor's Scholars 5<sup>th</sup> Annual Regalement May, 2013
- Moderator, Colloquium XI, XII for Aspiring Minority Doctoral Candidates October, 2011, 2012
- Panelist, Same Color, Different Cultures March, 2012
- Voice over, Ellie Mannette Video for Smithsonian Folklife Festival June 2012
- Participant, Video Interview for WVU Freshman Students June 2012
- Speaker, Chancellor's Scholars 5<sup>th</sup> Annual Regalement April, 2010
- Mentor, West Virginia University Mentor Program August 2010 – May 2011
- Faculty Fellow, Braxton Residential College August 2010 – May 2011
- Panelist, Colloquium X, for Aspiring Minority Doctoral Candidates October, 2010
- Keynote Speaker, Colloquium IX, for Aspiring Minority Doctoral Candidates October, 2009
- Mentor, WVU Residential Education Mentor Program August 2008 – May 2009
- Member, WVU Athletic NCAA Recertification Committee September 2008 – September 2009

### **SPORT PERFORMANCE ENHANCEMENT EXPERIENCE**

#### **Collegiate Consultations, West Virginia University, Morgantown, West Virginia**

- *Team Sport Psychology Consultations*  
Provided team with sport performance enhancement services
  - NCAA Division I Collegiate Men's Soccer Team, August 2004 – November 2007; February 2009 - October 2010
  - NCAA Division I Collegiate Women's Soccer Team, August 2007
- *Individual Sport Psychology Consultations*  
Worked one-on-one with athletes and coaches on various sport performance enhancement skills and interventions
  - NCAA Division I Collegiate Men's Soccer Team, August 2004 – November 2007; February 2009 - October 2010

- *Athletic Injury Recovery Consultations*  
Worked one-on-one with injured athletes on various mental skills and interventions
  - NCAA Division I Athletic Training Room, September 2004 – December 2005
- *Stress Management Consultations*
  - Division I Student Recreation Center, January 2006 – May 2006

### **Community Consultations, Morgantown, West Virginia**

- *Sport Psychology Consultant and Presenter*  
Provided sport performance enhancement workshop to athletes attending annual soccer clinic
  - Youth (15-18 year olds) soccer players, June 2005; June 2006

### **CLINICAL ATHLETIC TRAINING EXPERIENCE**

#### **Charge Athletic Trainer, West Virginia University Mountaineer Wrestling Camp**

- Provided health care in athletic environment, which included preventing injuries from occurring, providing initial first aid and injury management, evaluating injuries, and designing and supervising a timely and effective program of rehabilitation.
  - 5 Day Camp, June 17-21, Summer 2007
  - 5 Day Camp, June 24-28, Summer 2007
  - 12 Day Camp, June 17-28, Summer 2007
  - 5 Day Team and Individual Camp, Summer 2005

#### **Charge Athletic Trainer, West Virginia University Mountaineer Baseball Camp**

- Provided health care in athletic environment, which included preventing injuries from occurring, providing initial first aid and injury management, evaluating injuries, and designing and supervising a timely and effective program of rehabilitation.
  - Youth Day Camp (10-12 year olds), Summer 2005

#### **Intern Athletic Trainer, Jordan Chiropractic Center, South Charleston, West Virginia**

- Provided health care in athletic environment, which included preventing injuries from occurring, providing initial first aid and injury management, evaluating injuries, and designing and supervising a timely and effective program of rehabilitation.
  - Summer 2003

#### **Charge Athletic Training Student, University of Charleston, Charleston, West Virginia**

- Provided health care in athletic environment, which included preventing injuries from occurring, providing initial first aid and injury management, evaluating injuries, and designing and supervising a timely and effective program of rehabilitation.
  - Men's Basketball Team, August 2002 – May 2003
  - Softball Team, January 2002 – May 2002

### **PROFESSIONAL ORGANIZATIONS**

- |  |                |
|--|----------------|
| • <i>American Psychological Association, Member</i>                | 2009 – Present |
| • <i>National Board for Certified Counselors, Member</i>           | 2008 – Present |
| • <i>North American Society for the Sociology of Sport, Member</i> | 2004 – 2007    |
| • <i>Association for Applied Sport Psychology, Member</i>          | 2003 – Present |
| • <i>National Athletic Trainers' Association, Member</i>           | 2000 – Present |
| • <i>West Virginia Athletic Trainers' Association, Member</i>      | 2000 – Present |

## **DOCTORAL COMMITTEE MEMBERSHIP**

- Bryant, L. *Use of a psychological skills intervention program for injury prevention in college dancers.* (Chair, Proposal Defended Spring 2016).
- Byrd, M. *Tracking changes in athletes' anxiety, anger, and impulsiveness after concussion.* (Member, Proposal Defended Fall 2015).
- Cormier, M. *Certified athletic trainers' abilities to identify and refer athletes with psychological symptoms.* (Member, Proposal Defended Spring 2014, Final Defense Summer 2014)
- Ferrera, A. *Division I college student-athlete career situations and their attitudes toward career counseling compared to non-athlete students: A mixed methods approach.* (Member, Proposal Defended Fall 2013, Final Defense Summer 2014)
- Kadushin, P. *An evaluation of state employees' preferences for worksite-based physical activity, nutrition, and stress management programs.* (Member, Proposal Defended Fall 2013, Final Defense Spring 2014)
- Li, S. *International students' participation in physical activity and perceived influences on cross-cultural adjustment: A qualitative longitudinal study.* (Member, Proposal Defended Fall 2014, Final Defense Fall 2015)
- Liversedge, P. *Comparing coaches' perceptual capacities in relation to experiences and knowledge base.* (Member, Proposal Defended Fall 2014, Final Defense Summer 2015)
- Prior, R. *Sport Psychology "App"lication: NCAA Coaches' Preferences for a Mental Training Mobile App.* (Member, Proposal Defended Spring 2014, Final Defense Fall 2014)
- Tolan, M. *Solo Recital Hearing (Saxophone).* (Member, Completed Fall 2014)

## **MASTER'S COMMITTEE MEMBERSHIP**

- Bishop, V. *Under-reporting of concussion in a division III conference's basketball, soccer and wrestling teams: Incidence, causes, and implications for education.* (Member, Final Defense Spring 2011)
- Bryant, L. *Coping behaviors of female collegiate club sport athletes.* (Chair, Proposal Defended Spring 2013, Final Defense Fall 2014)
- Dekart, K. *Test-re-test reliability of sahrmann, Y test and throwing accuracy for DII baseball athletes.* (Member, Proposal Defended Fall 2013, Final Defense Spring 2014))
- Faldetta, K. *Accessibility of levels of evidence based medicine resources in clinically practicing athletic trainers.* (Member, Proposal Defended Fall 2013, Final Defense Spring 2014)
- Graham, A. *Treatment techniques for edema reduction during the acute stage of inflammatory cycle: A systematic review.* (Member, Final Defense Spring 2011)
- Hart, A. *The perceptions of novice approved clinical instructors on their preparedness as clinical educators.* (Member, Proposal Defended Spring 2009, Final Defense Summer 2009)
- Huysmans, Z. *Exploring the relationship between stress, coping, injury and self-compassion in collegiate athletes.*

(Chair, Proposal Defended Fall 2015, Final Defense Spring 2016).

Kadushin, P. *The influence of parents and coaches motivational climate on youth athlete achievement goal orientation*. (Chair, Proposal Defended Fall 2010, Final Defense Summer 2011).

Martinez, J. *An investigation of trait aggression: It's relationship with reported injuries and moral disengagement*. (Chair, Proposal Defended Spring 2011, Final Defense Summer 2011)

Nelson, J. *Surgical repair of a biceps tendon rupture: A systematic review*. (Member, Defended Spring 2010)

Opperhauser, T. *The influence overtime of abdominal strength changes on gluteus maximus strength*. (Member, Proposal Defended Fall 2015, Final Defense Spring 2016).

Traaen, K. *Adherence to rehabilitation team sports compared to individual sports and gender*. (Member, Proposal Defended Fall 2015, Final Defense Spring 2016).

### **MASTER'S LEVEL RESEARCH PROJECTS SUPERVISED**

Care, A. *The incidence of shoulder injuries, treatment, and rehabilitation protocols used among baseball and softball athletes at a division II university*. (Chair, Spring 2011)

Fetty, T. *Emotional and behavioral response to athletic injury: Division II athletes' perspectives*. (Chair, Spring 2012)

Langit, P. *Social support: Perceptions in athletic trainers' provision to club sport athletes*. (Chair, Spring 2015)

Sanger, R. *High school athletes' perceived social support during injury rehabilitation*. (Chair, Spring 2013)

### **WORK EXPERIENCE**

#### **Graduate Research Assistant to the Dean, School of Physical Education, West Virginia University**

August 2004 – August 2007

- Complied School of Physical Education Faculty/Staff Social Justice/Diversity Manual
- Involved in topic selection, data collection, data analysis and writing phases of the following research projects:
  - *Trinidad and Tobago Cricket/Soccer: Sport and social stratification revisited.*
  - *Dr. Charles "pruner" West" Pioneer African American scholar athlete.*
  - *Remembering Jim Crow: Pride within black high school athletics.*
  - *WVU: Local economy to beast of the east.*
  - *Brown vs. Board of Education: Sports as an agent of change.*
  - *"Stacking" in the English Premier League: A look at 2006-2007 season.*

#### **Center for Academic Resources and Excellence Graduate Teaching Assistant, West Virginia University**

August 2003 – May 2004

- Taught three sections of freshman orientation classes within the Residential Education program, held regular office hours and conducted one-on-one academic advising and counseling for students.

### **NON-REVIEWED PUBLICATIONS**

**Clement, D.** (2010). Conquering ACL Surgery and Rehabilitation. (Multimedia interactive CD-ROM review). *The Sport Psychologist*, 24, 415-416.

Hamson-Utley, J., Stiller-Ostrowski, & **Clement, D.** (Summer 2009). Psychosocial Intervention & Referral: The Educational Preparation of Athletic Training Students. *AASP Newsletter*, 23 (2), 27-29.

**Clement, D.** (Summer, 2007). AASP Student Representative Report. *AASP Newsletter*, 22 (2), 19-20.

**Clement, D.** (Spring, 2007). AASP Student Representative Report. *AASP Newsletter*, 22 (1), 8.

**Clement, D.** (Fall/Winter, 2006). AASP Student Representative Report. *AASP Newsletter*, 21 (3), 20.

**Clement, D.** (Summer, 2005). The Sport Psychology Consultant – Then and Now – But What’s the Difference? *AAASP Newsletter*, 20 (2), 25, 29.

## **CERTIFICATIONS**

- West Virginia Board of Physical Therapy, *Registered Athletic Trainer*, #AT001034 July 5, 2011 – Present
- Listed on United States Olympic Committee’s Sport Psychology Registry June 2009 – Present
- National Board for Certified Counselors, *National Certified Counselor* # 232631 February 26, 2008 – Present
- Association for Applied Sport Psychology, *Certified Consultant* #283 September 26, 2008 – Present
- West Virginia University Athletic Training Education Program, *Approved Clinical Instructor* September 2008 – Present
- National Academy of Sports Medicine, *Performance Enhancement Specialist* September 2008 – Present
- American Red Cross, *CPR/AED for the Professional Rescuer* July 2005 – Present
- National Athletic Trainers’ Association, *Certified Athletic Trainer*, #070302190 July 14, 2003 – Present
- American Red Cross, *Standard First Aid* January 1999 – Present

## **UNDERGRADUATE AWARDS AND HONORS**

University of Charleston, Charleston

- Outstanding Senior Award 2002–2003
- Carl Calvert Sports Medicine Award 2002–2003
- Who’s Who Among American Universities and Colleges 2002
- NATA Scholarship, Research and Education Foundation 2002
- West Virginia Intercollegiate Athletic Conference Scholar Athlete Award 2001–2003
- Co – Captain University of Charleston Track and Field Team 2001–2003