VALERIE K. WAYDA
College of Physical Activity and Sport Sciences
Coliseum 176A, West Virginia University
Morgantown, WV 26508
(304) 293-0830
Valerie.Wayda@mail.wvu.edu

CURRENT POSITION

Associate Professor, Coaching and Teaching Studies 2009 - present
Department Chair 2009 - present

EDUCATION

West Virginia University, Morgantown, WV 26506 1990
Doctorate of Education
Major: Sport Behavior
Minors: Motor Development, Research, and Sociology
Dissertation Title: High School Soccer Coaches as Socializing Agents of Moral Order

West Virginia University, Morgantown, WV 26506 1986
Master of Science in Physical Education
Major: Sport Behavior
Thesis Title: Selected Variables of Leadership in a Youth Baseball Association

SUNY Cortland, Cortland, NY 13045 1985
Bachelor of Science in Physical Education

PREVIOUS EXPERIENCE

University of Central Arkansas 2005-2009
Associate Professor, Kinesiology and Physical Education 2005 - 2009
Coordinator of Physical Education Teacher Education Program 2005-2009

Ball State University 1993 - 2005
Associate Professor, School of Physical Education 2000 - 2005
Coordinator of Sport & Physical Education Graduate Program 2003 - 2005
Coordinator of Sport & Exercise Psychology Graduate Program 1993 - 2005
Coordinator of Graduate Coaching Program 2001 - 2003
Coordinator of Undergraduate Coaching Program 1999 - 2005
Assistant Professor, School of Physical Education 1993 - 1999
Coordinator, Life Skills Program, Athletic Department 1994 - 1998

University of Virginia
Assistant Professor, Sport Psychology (50%) 1990-1993
Director of Service Physical Education (50%)

Administrative Assistant 1989-1990
General Physical Education Program
West Virginia University

PREVIOUS EXPERIENCE (continued)

Professional Staff Member — Summer 1990; 1989
National Youth Sports Camp (sponsored by NCAA)
West Virginia University

Research Assistant/Teaching Assistant — 1985-1989
Sport and Exercise Department & General Physical Education Program
West Virginia University

PROFESSIONAL ACTIVITIES

Teaching

University of Central Arkansas

KPED 2340	Motor Development/Learning
KPED 3316	Curriculum
KPED 4320	Measurement and Evaluation
KPED 4310/5310	Middle School and Secondary Methods in Physical Education
KPED 4363	Adapted Physical Education
KPED 4380	Internship I
KPED 4690/4691	Internship II
KPED 6310	Motor Learning/Development

Ball State University:

PEP 150	Fitness: Teaching and Program Design
PEP 161	Foundations and Principles of Physical Education
PEP 164	Life Skills for Student Athletes
PEP 194	Techniques of Observing Skill Performance
PEP 231	Principles and Philosophy of Coaching
PEP 244	Psycho-Social Aspects of Physical Activity
PEP 391	Motor Learning
PEP 409	Psychological Dimensions of Coaching
PEP 577	Psychology of Injury Rehabilitation
PEP 601	Foundations of Research in Sport and Physical Education
PEP 607	Children and Sport
PEP 608	Psychology of Motor Learning
PEP 609	Introduction to Sport Psychology
PEP 610	Psychology of Coaching
PEP 620	PE Workshop: Technology in Physical Education
PEP 690	Sport Sociology
PEG 124	Badminton
PEG 220	Racquetball

University of Virginia:

EDHS 458	Sport Psychology Conference
EDHS 493	Independent Study
EDHS 547	Psycho-Social Aspects of Sport
EDHS 850	Seminars in: Group Dynamics; Self Fulfilling Prophecy; and Youth Sports
EDHS 857	Supervised Research on the Black Student-Athlete
EDHS 793	Independent Studies in: Research, Intro to Sport Psychology, and Youth Sports
EDHS 950	Doctoral Seminar: Health and Physical Education

Refereed articles

Lund, J., Wayda, V., Woodard, R., & Buck, M. (2007). Professional dispositions: What are we teaching prospective physical education teachers? *The Physical Educator*, *64*, 38-47.

Ali, N. S., Hodson-Carlton, K., Ryan, M., Flowers, J., Rose, M. A., & Wayda, V. (2005). Online education: Needs assessment for faculty development. *Journal of Continuing Education in Nursing, 36*(1), 32-38. Retrieved Jan. 28, 2005 from http://proquest.umi.com/pqdlink?index=9&did=782490161&SrchMode=3&sid=1&Fmt=6&VInst=PROD&VType=PQD&RQT=309&VName=PQD&TS=1106919105&clientId=3278

Wayda, V. K., & Lund, J. (2005). Assessing dispositions: The new challenge for higher education. *Journal of Physical Education, Recreation, and Dance, 76*(1), 34-41.

Woodard, R., Wayda, V. K., Buck, M., Lund, J., & Pauline, J. (2004). Daily physical education, physical fitness, and middle school children. *Journal of the International Council for Health, Physical Education, Recreation, Sport and Dance*, XL (4), 20-23.

Lund, J., Woodard, R., Wayda, V., & Buck, M. (2003). An examination of content knowledge used by inservice physical education teachers in Indiana. *Indiana Journal for Health, Physical Education, Recreation, and Dance, 32*(1), 10-17.

Lund, J., Woodard, J., Wayda, V., & Buck, M. (2002). Survey of Indiana physical educators= content knowledge. *Indiana Association for Health, Physical Education, Recreation and Dance Journal, 31*(3), 23-28.

Page, S., Martin, S., & Wayda, V. K. (2001). Attitudes toward seeking sport psychology consultation among wheelchair basketball athletes. *Adapted Physical Education Quarterly, 18*, 183-192.

Page, S., & Wayda, V. K. (2001). Modifying sport psychology services for athletes with cerebral palsy. *Palaestra, 17*, 10-14.

Boyce, B. A., Wayda, V. K., Johnston, T., Bunker, L. K., & Eliot, J. (2001). The effects of three types of goal setting conditions on tennis performance: A field-based study. *Journal of Teaching in Physical Education, 20*, 188-200.

Page, S., O=Connor, E. A., & Wayda, V. K. (2000). Exploring competitive orientation in a group of athletes participating in the 1996 paralympic trials. *Perceptual and Motor Skills, 91*, 491-502.

Ignico, A., Richhart, C., & Wayda, V. (1999). The effects of a physical activity program on children=s activity level, health-related fitness, and self-esteem. *Early Child Development and Care, 154*, 31-39.

Wayda, V., Riley, D., & Vaughan, M. (1999). Enhancing self-esteem a direct approach. *Indiana Association for Health, Physical Education, Recreation and Dance Journal, 28* (3), 9-15.

Refereed articles (continued)

Wayda, V., Tiernan, M., & Caldwell, D. (1999). Enhancement of self-esteem in a fitness program. *Journal of the International Council for Health, Physical Education, Recreation, Sport, and Dance, 35* (2), 28-33.

Wayda, V., & Page, S. (1999). Expectations: Can they become barriers to effectiveness? *Strategies, 13* (3), 22-24.

Wayda, V., Armenth-Brothers, F., & Boyce, B.A. (1998). Goal setting: A key to injury rehabilitation. *Athletic Therapy Today, 3* (1), 21-25.

Page, S., & Wayda, V. (1997). A portrait of self fulfilling prophecy. *Indiana Association for Health, Physical Education, Recreation and Dance Journal, 26* (3), 5-9.

Solomon, G., Striegel, D., Eliot, J., Heon, S., Maas, J., & Wayda, V. (1996). The self-fulfilling prophecy in college basketball: Implications for effective coaching. *Journal of Applied Sport Psychology, 8,* 44-59.

Solomon, G., Wiegardt, P., Yusuf, F., Kosmitzki, C., Williams, J., Stevens, C., & Wayda, V. (1996). Expectations and ethnicity: The self-fulfilling prophecy in college basketball. *Journal of Sport & Exercise Psychology, 18,* 83-88.

Boyce, B. A., & Wayda, V. (1994). The effects of assigned and self-set goals on task performance. *Journal of Sport & Exercise Psychology, 16,* 258-269.

Johnston, T., & Wayda, V. (1994). Are you an effective communicator? Reprinted by permission in the *Coaching Volleyball, 7* (4), 28-29.

Johnston, T., & Wayda, V. (1994). Are you an effective communicator? *Strategies, 7* (5), 9-13.

Boyce, B.A., & King, V. (1993). Goal setting strategies for coaches. *Journal of Physical Education, Recreation, and Dance, 63* (1), 65-68.

King, V. (1992). Actions can speak louder than words. *Strategies, 6* (1), 17-19.

Conference proceedings

Wayda, V. (1997). Teaching mental training to elite young athletes with cerebral palsy. *AIESEP (translated International Association for Higher Education in Physical Education) – Singapore* (p. 455-461), Singapore.

King, V., Lee, C., & Newburg, D. (1992). Monograph: Psycho-social issues involving black athletes. *15th Annual University of Virginia Sport Psychology Conference*. Charlottesville, VA.

King, V., & Newburg, D. (1992). All-American success stories. Monograph: Psycho-social issues involving black athletes. *15th Annual University of Virginia Sport Psychology Conference* (p. 51-65), Charlottesville, VA.

King, V. (1992). Moral issues and coaching in the now precious present. *Fall Conference Proceedings for the Southern Association for Physical Educators of College Women* (Section 2, p. 69-76), Savannah, GA.

Brooks, D., Althouse, R., King, V., & Brown, R. (1989). Opportunities for coaching achievement and the Black experience: Have we put marginality into the system. *Proceedings of the 32nd International Conference on Physical Education, and Recreation Anniversary World Congress* (p. 246-254), Frostburg, MD.

Abstracts

Wayda, V., Lund, J. L., Buck, M., & Woodard, R. (2004, April). *Employability skills: What are we teaching our students? Research Quarterly for Exercise and Sport, 75S*, A-84.

Lund, J. L., Woodard, R., Wayda, V., & Buck, M. (2003, April). *Survey of Indiana physical educator's content knowledge. Research Quarterly for Exercise and Sport, 74S*, A-48.

Woodard, R., Lund, J., Wayda, V., & Buck, M. (2002). Daily physical education, physical fitness, and middle school students. *Research Quarterly for Exercise and Sport, 73S*, A-15.

Tammen, V. V., Check, H., & Wayda, V. (1999). A new look at an old topic: Gender differences in sport anxiety research. *Association for the Advancement of Applied Sport Psychology*, (p. 42), Banff, Alberta, Canada.

Tammen, V. V., & Wayda, V. (1999). Providing life skills education at an underprivileged elementary school. *Association for the Advancement of Applied Sport Psychology*, (p. 62), Banff, Alberta, Canada.

Wayda, V., Tammen, V. V., & Robbins, G. (1999). Can we really change exercise behavior only through education? *Association for the Advancement of Applied Sport Psychology*, (p. 75), Banff, Alberta, Canada.

Tammen, V. V., & Wayda, V. (1999). Life skills program intervention with under privileged children: Promoting positive changes to academic attainment. *Journal of Sport and Exercise Psychology, 21*, S110.

Wayda, V., Tammen, V. V., & Robbins, G. (1999).Use of a formal physical education, fitness, and wellness course to facilitate exercise behavior change. *Journal of Sport and Exercise Psychology, 21*, S118.

Page, S., & Wayda, V. (1998). Imagery improves female college swimmers perceptions of anxiety and precompetitive state anxiety levels. *Journal of Sport and Exercise Psychology, 20*, S66.

Thomson, W. C., Wayda, V., Jones, J., & Flor, K. (1998). Avoiding burnout: Hardiness as a stress buffer in college athletes. *Research Quarterly for Exercise and Sport, 69*, A-116.

Page, S., & Wayda, V. (1998). The contributions of type of sport, gender, event, and type of disability to Paralympians= levels of achievement motivation. *Research Quarterly for Exercise and Sport, 69*, A-113.

Abstracts (continued)

Boyce, B. A., Johnston, T., Eliot, J., & Wayda, V. (1998). The effects of goal setting and attribution theory on task performance: A field-based study. *Research Quarterly for Exercise and Sport, 69*, A-110.

Wayda, V. (1997). Teaching mental training to elite young athletes with cerebral palsy. *AIESEP (translated International Association for Higher Education in Physical Education) - Singapore* (p. 85), Singapore.

Wayda, V. (1997). Goal setting strategies for coaches. *AIESEP (translated International Association for Higher Education in Physical Education) - Singapore* (p. 36), Singapore.

Wayda, V., Thomson, W., Weidner, T., & Cranston, T. (1997). Impact of an upper respiratory infection on subjects= exercise induced feeling states. *Midwest Chapter Annual Meeting for American College of Sports Medicine Conference Program* (p. 27), South Bend, IN.

Wayda, V., Aper, J., Lamparski, M. K., Shunk, A., Winfrey, M., & Boyce, B. A. (1997). Motivation as a mediator of task performance under three goal setting conditions. *Research Quarterly for Exercise and Sport, 68*, A-109.

Thomson, W., Wayda, V., Jones, J., & Flor, K. (1997). The relationship between personality hardiness, stress, and burnout in collegiate athletes. *Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Conference Abstracts* (p. 4), Milwaukee, WI.

Dwyer, G., Wayda, V., & Gaston, M. (1996). Results of a physical activity questionnaire in individuals with end-stage renal disease. *Journal of Cardiopulmonary Rehabilitation, 16* (5), 296, Baltimore, MD.

Page, S., Wayda, V., & Caldwell, D. (1996). Unique issues and interventions of individuals training for the 1996 paralympics. *Journal of Applied Sport Psychology, 8*, S41, Williamsburg, VA.

Caldwell, D., Wayda, V., & Page, S. (1996). The psychology of the disabled athlete. Athletes with disabilities: An opportunity for sport psychology application and research. *Journal of Applied Sport Psychology, 8*, S41, Williamsburg, VA.

Page, S., Wayda, V., & Caldwell, D. (1996). The psychology of the disabled athlete. *Journal of Applied Sport Psychology, 8*, S42, Williamsburg, VA.

Wayda, V., Caldwell, D., & Page, S. (1996). Interventions for elite disabled athletes. *Journal of Applied Sport Psychology, 8*, S42, Williamsburg, VA.

Wayda, V., & Wittig, A. (1996). Individualized mental training program. *Third Paralympic Congress* (p. 26), Atlanta, GA.

Page, S., & Wayda, V. (1996). Support for the self-fulfilling prophecy: Coaches= expectations and feedback; athletes= perceptions and anxiety. *Research Quarterly for Exercise and Sport, 67*, A-100.

Abstracts (continued)

Boyce, A., & Wayda, V. (1993). The effects of self-motivation and three goal setting conditions on task performance. *Journal of Applied Sport Psychology, 5*, S34, Montreal, Canada.

Boyce, B. A., & King, V. (1992). A model for implementing a goal setting strategy for physical educators and coaches. *Southern Association for Physical Educators of College Women* (Section 2, p. 57), Savannah, GA.

King, V. (1991). Morality and coaching. *Southern Association for Physical Education of College Women* (p. 69), Nashville, TN.

King, V. (1991). Situational Morality in Soccer. *Southern District of the American Alliance for Health, Physical Education, Recreation and Dance* (p. 11), Norfolk, VA.

King, V. (1991). Perception about academic and athletic success. *North American Society for Sport Sociology* (p. 57), Milwaukee, WI.

King, V. (1988). Soccer coaches perceptions of intentional and legitimized Aggression. *Proceedings from the Scientific Olympic Congress* (p. 118), Seoul, Korea.

King, V. (1988). Means' soccer coaches perceptions of intentional and legitimized aggressive sports acts. *North Central Sociological Association* (p. 21), Pittsburgh, PA.

King, V. (1986). Team structure and level of self confidence as variables of leadership in a selected youth baseball association. *North American Society for Sport Sociology* (p. 19), Las Vegas, NV.

Non-refereed articles

Wayda, V. (1999). Parents= Responsibilities. In D. L. Greenberg (Ed.), *Sports in the lives of urban girls* (2nd ed., pp. 37-39). East Meadow, NY: Women=s Sports Foundation.

Wayda, V. (1999). Communicating with Parents. In D. L. Greenberg (Ed.), *Sports in the lives of urban girls* (2nd ed., pp. 40-41). East Meadow, NY: Women=s Sports Foundation.

Wayda, V. (1998). Parents= Responsibilities. In D. L. Greenberg (Ed.), *Sports in the lives of urban girls* (pp. 37-39). East Meadow, NY: Women=s Sports Foundation.

Wayda, V. (1998). Communicating with Parents. In D. L. Greenberg (Ed.), *Sports in the lives of urban girls* (pp. 40-41). East Meadow, NY: Women=s Sports Foundation.

King, V., & Cuneen, J. (1991). Soccer Coaches' Perceptions of intentional and legitimized aggression. *Soccer Journal, 36* (6), 35-38.

Books, chapters in books

NONE

Refereed Poster sessions

Wayda, V., Pauline, J., Kent, A., & Mailey, C. (2004, November). *A Reflective Look at Hoosiers in Middletown, USA.* North American Society for Sport Sociology, Tucson, AZ.

Scott, C., Wayda, V., & King, R. (2004, November). *Crispus Attucks: The Pride of Indianapolis or Was it?* North American Society for Sport Sociology, Tucson, AZ.

Wayda, V., Lund, J.L., Buck, M., & Woodard, R. (2004, April). *Employability Skills: What are We Teaching our Students.* American Alliance for Health, Physical Education, Recreation and Dance, New Orleans, LA.

Lund, J. L., Woodard, R., Wayda, V., & Buck, M. (2003, April). *Survey of Indiana physical educator's content knowledge.* American Alliance for Health, Physical Education, Recreation and Dance, Philadelphia, PA.

Woodard, R., Lund, J. L., Wayda, V., & Buck, M. (2002, April). *Daily physical education, physical fitness, and middle school students.* American Alliance for Health, Physical Education, Recreation and Dance, San Diego, CA.

Page, S., & Wayda, V. (2000, March). *Attitudes toward seeking sport psychology consultation among elite wheelchair basketball players.* American Alliance for Health, Physical Education, Recreation and Dance, Orlando, FL.

Page, S., & Wayda, V. (2000, March). *Differences in attitudes towards seeking sport psychology consultation among a group of wheelchair basketball players and a group of non-disabled basketball players: A matter of exposure?* American Alliance for Health, Physical Education, Recreation and Dance, Orlando, FL.

Tammen, V. V., & Wayda, V. (1999, September). *Providing life skills education at an underprivileged elementary school.* Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.

Wayda, V., Tammen, V. V., & Robbins, G. (1999, September). *Can we really change exercise behavior only through education?* Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.

Tammen, V. V., & Wayda, V. (1999, June). *Life skills program intervention with under privileged children: Promoting positive changes to academic attainment.* North American Society for Psychology of Sport and Physical Activity, Clearwater, FL.

Wayda, V., Tammen, V. V., & Robbins, G. (1999, June). *Use of a formal physical education, fitness, and wellness course to facilitate exercise behavior change.* North American Society for Psychology of Sport and Physical Activity, Clearwater, FL.

Page, S., & Wayda, V. (1998, June). *Imagery improves female college swimmers perceptions of anxiety and precompetitive anxiety levels.* North American Society for Psychology of Sport and Physical Activity, St. Charles, IL.

Refereed Poster sessions (continued)

Thomson, W. C., Wayda, V., Jones, J., & Flor, K. (1998, April). *Avoiding burnout: Hardiness as a stress buffer in college athletes.* American Alliance for Health, Physical Education, Recreation and Dance, Reno, NV.

Page, S., & Wayda, V. (1998, April). *The contributions of type of sport, gender, event, and type of disability to Paralympians=levels of achievement motivation.* American Alliance for Health, Physical Education, Recreation and Dance, Reno, NV.

Boyce, B. A., Wayda, V., Johnston, T., & Eliot, J. (1998, April). *The effects of goal setting and attribution theory on task performance: A field-based study.* American Alliance for Health, Physical Education, Recreation and Dance, Reno, NV.

Wayda, V. (1997, December). *Goal setting strategies for coaches.* AIESEP (translated International Association for Higher Education in Physical Education), Singapore.

Ethridge, M. K., & Wayda, V. (1997, November). *The Effectiveness of Individualized Mental Training Program on Attentional Styles, Competitive Trait Anxiety and Performance of Female Softball Players.* Indiana Association for Health, Physical Education, Recreation and Dance Conference, Indianapolis, IN.

Wayda, V., Thomson, W., Weidner, T., & Cranston, T. (1997, October). *Impact of an upper respiratory infection on subjects=exercise induced feeling states.* Midwest Chapter Annual Meeting for American College of Sports Medicine, South Bend, IN.

Wayda, V., Aper, J., Lamparski, M. K., Shunk, A., Winfrey, M., & Boyce, B. A. (1997, March). *Motivation as a mediator of task performance under three goal setting conditions.* American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO.

Thomson, W., Wayda, V., Jones, J., & Flor, K. (1997, February). *The relationship between personality hardiness, stress, and burnout in collegiate athletes.* Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance Conference, Milwaukee, WI.

Page, S., & Wayda, V. (1996, April). *Support for the self-fulfilling prophecy: Coaches expectations and feedback; athletes=perceptions and anxiety.* American Alliance for Health, Physical Education, Recreation and Dance, Atlanta, GA.

Boyce, B. A., & King, V. (1992, October). *A model for implementing a goal setting strategy for physical educators and coaches.* Southern Association for Physical Educators of College Women Conference, Savannah, GA.

King, V. (1991, October). *Morality and coaching.* Southern Association for Physical Educators of College Women Conference, Knoxville, TN.

King, V. (1991, February). *Situational morality in soccer.* Southern District of the American Alliance for Health, Physical Education, Recreation and Dance, Norfolk, VA.

Non-refereed Poster sessions

King, V. (1987, April). *Men's' soccer coaches perceptions of intentionally aggressive sports acts.* West Virginia University's School of Physical Education Seminar, Morgantown, WV.

Refereed Papers

Wayda, V., & Buck, M. (2005, January). *Learning more my doing: A teaching strategy focused on eliminating the "but".* National Association for Physical Education in Higher Education, Tucson, AZ.

Lund, J. L., Wayda, V., & Buck, M. (2004, January). *Teacher preparation for physical activity: The past, the present, the future.* National Association for Physical Education in Higher Education, Clearwater Beach, FL.

Lund, J. L., Wayda, V., & Buck, M. (2003, January). *Employability skills: Setting the stage for student success after graduation.* National Association for Physical Education in Higher Education, Long Beach, CA.

Lund, J. L., Wayda, V., & Buck, M. (2003, April). *Daily physical education, physical fitness, and middle school students.* American Alliance for Health, Physical Education, Recreation and Dance, San Diego, CA.

Havice, A., Wayda, V., & Davis, R. (2002, November). *Increasing understanding of people with disabilities through physical education.* Indiana Association for Health, Physical Education, Recreation and Dance, Indianapolis, IN.

Lund, J., Wayda, V., & Buck, M. (2002, April). *Evaluating preservice teachers=attitudes and dispositions: Mentioning the Aunmentionables.≅* American Alliance for Health, Physical Education, Recreation and Dance, San Diego, CA.

Lund, J., Buck, M., & Wayda, V. (2002, January). *Using accountability effectively in teacher education.* National Association for Physical Education in Higher Education, San Antonio, TX.

Wayda, V., & Kuhlman, J. (2002, January). *Coaching education: How can national standards impact the profession and your program?* National Association for Physical Education in Higher Education conference, San Antonio, TX.

Wayda, V., Ignico, A., & Olachnovitch, V. (2000, March). *Enhancing self-esteem through a systematic approach.* American Alliance for Health, Physical Education, Recreation and Dance, Orlando, FL.

Tammen, V., Robbins, G., & Wayda, V. (2000, March). *New approaches in the assessment of exercise behavior change.* American Alliance for Health, Physical Education, Recreation and Dance, Orlando, FL.

Wayda, V., & Ignico, A. (2000, March). *Enhancing children=s self-esteem and fitness through a systematic approach.* American Alliance for Health, Physical Education, Recreation and Dance, Orlando, FL.

Refereed Papers (continued)

Wayda, V., & Buck, M. (2000, February). *HR Adventure Course*. Midwest District for the American Alliance for Health, Physical Education, Recreation and Dance, Chicago, IL.

Wayda, V., Robbins, G., & Tammen, V. (2000, January). *Assessing short-term and long-term exercise behavior change.* National Association for Physical Education in Higher Education, Austin, TX.

Tammen, V. V., Check, H., & Wayda, V. (1999, September). *A new look at an old topic: Gender differences in sport anxiety research.* Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.

Wayda, V., & Buck, M. (1999, August). *Using inQsit$_8$ or knowledge assessment and descriptive research.* NASPE Technology Conference, Gattlingburg, TN.

Wilson, T., Buck, M., & Wayda, V. (1998, April). *Interscholastic coaching certification.* American Alliance for Health, Physical Education, Recreation, and Dance Convention, Reno, NV.

Wayda, V. (1997, December). *Teaching mental training to elite young athletes with cerebral palsy.* AIESEP (translated International Association for Higher Education in Physical Education), Singapore.

Caldwell, D., Wayda, V., & Page, S. (1996, October). *The psychology of the disabled athlete. Athletes with disabilities: An opportunity for sport psychology application and research.* Association for the Advancement of Applied Sport Psychology Conference, Williamsburg, VA.

Page, S., Wayda, V., & Caldwell, D. (1996, October). *The psychology of the disabled athlete.* Association for the Advancement of Applied Sport Psychology Conference, Williamsburg, VA.

Wayda, V., Caldwell, D., & Page, S. (1996, October). *Interventions for elite disabled athletes.* Association for the Advancement of Applied Sport Psychology Conference, Williamsburg, VA.

Dwyer, G., Wayda, V., & Gaston, M. (1996, September). *Results of a physical activity questionnaire in individuals with end-stage renal disease.* American Association of Cardiovascular and Pulmonary Rehabilitation, Baltimore, MD.

Wayda, V., & Wittig, A. (1996, August). *Individualized mental training program.* Third Paralympic Congress, Atlanta, GA.

Wayda, V. (1995, April). *Women in sport: Sociological and psychological research implications.* American Alliance for Health, Physical Education, Recreation and Dance Convention, Portland, OR.

Solomon, G., & Wayda, V. (1995, March). *The psychology of enhancing communication.* American Alliance for Health, Physical Education, Recreation and Dance Convention, Portland, OR.

Refereed Papers (continued)

Davis, R., Ferrara, M., Dwyer, G., Bahamonde, R., & Wayda, V. (1994, October). *Research opportunities and responsibilities in paralympic sport.* Joint paper at North American Federation on Adapted Physical Activity Conference. East Lansing, MI.

Boyce, A., & Wayda, V. (1993, October). *The effects of self-motivation and three goal setting conditions on task performance.* S C A P P S/Association for the Advancement of Applied Sport Psychology Conference, Montreal, Canada.

Boyce, A., King, V., & Harris, B. (1993, March). *The case study approach for pedagogists.* Workshop presented at the American Association for Health, Physical Education, Recreation, and Dance Conference, Washington, D.C.

King, V., & Boyce, A. (1992, November). *Empowerment and sport: A case study approach to teaching Sport Sociology.* North American Society for the Sociology of Sport Conference, Toledo, OH.

King, V. (1992, October). *Moral issues and coaching in the now precious present.* Southern Association for Physical Educators of College Women Conference, Savannah, GA.

King, V. (1991, November). *Perceptions of academic and athletic success.* North American Society for the Sociology of Sport Conference, Milwaukee, WI.

Brooks, D., Althouse, R. Brown, R., & King, V. (1989, June). *Opportunities for coaching achievement and the Black experience: Have we put marginality into the system.* International Conference on Physical Education, and Recreation, Frostburg, MD.

King, V. (1988, September). *Soccer coaches perceptions of intentional and legitimized aggression.* Scientific Olympic Congress, Seoul, Korea.

King, V. (1988, April). *Men's' soccer coaches perceptions of intentionally aggressive sports acts.* North Central Sociological Association Conference, Pittsburgh, PA.

King, V. (1986, October). *Team structure and level of self confidence as variables of leadership in a selected youth baseball association.* North American Society for Sport Sociology Conference, Las Vegas, NV.

Invited Presentations

Wayda, V. (2003, March). *Seeing it can lead to believing it. Using imagery to enhance sport performance.* Indiana Coaches of Girls Sports Association, Indianapolis, IN.

Wayda, V. (2002, February). *Coaching standards.* Professional Preparation Conference/2002 Leadership Conference, Mitchell, IN.

Wayda, V. (1999, December). *Exercise Behavior Change: Can Education Make a Difference.* University College of Worcester. Worcester, England.

Wayda, V., & Tammen, V. (1999, March). *Introduction to the field of Sport Psychology.* St. Francis College Psychology Club. Fort Wayne, IN.

Invited Presentations (continued)

Tammen, V. V., & Wayda, V.K. (1999, February). *Making plans and using them: Using goal setting everyday for diving performance.* US Diving Association, Indianapolis, IN.

Tammen, V. V., & Wayda, V.K. (1999, February). *Seeing and feeling is believing: Using imagery to enhance diving performance.* US Diving Association, Indianapolis, IN

Wayda, V., & Tammen, V. (1999, February). *Incorporating mental skills into your gymnasium or classroom: Using goal setting.* Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Conference, Charleston, WV.

Tammen, V., & Wayda, V. (1999, February). *Incorporating mental skills into your gymnasium or classroom: Using imagery/visualization.* Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Conference, Charleston, WV.

Wayda, V., & Vaughan, M. (1998, November). *How to enhance a child=s self-esteem through physical activity.* Indiana Association for Health, Physical Education, Recreation and Dance Conference, Indianapolis, IN.

Wayda, V. (1998, February). *Becoming an effective communicator.* Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Conference, Fort Wayne, IN.

Wayda, V. (1996, October). *Exercise psychology.* PreConference Certification at the Midwest American College of Sports Medicine Conference, St. Charles, IL.

Ignico, A., & Wayda, V. (1996, January). *The Ball State University fit kids program.* Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Conference, Dearborn, MI.

Wayda, V. (1995, February). *Encouraging your students to critically think.* Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Conference, Arlington Heights, IL.

Page, S., & Wayda, V. (1995, February). *Coaching expectations and behaviors: An investigation into self-fulfilling prophecy.* Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Conference, Arlington Heights, IL.

Wayda, V. (1994, November). *Invited group demonstration. Technology: How we use it. Laboratory activities software for motor learning and control.* Indiana Association for Health, Physical Education, Recreation and Dance Conference, Merrilville, IN.

Wayda, V. (1994, November). *Case study in methodology: An alternative teaching style.* Indiana Association for Health, Physical Education, Recreation and Dance Conference, Merrilville, IN.

Wayda, V., Aper, J., & Lamparski, M. (1994, February). *A case study approach to teaching.* Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance Conference, Morgantown, WV.

Invited Presentations (continued)

King, V. (1991, March). *All-American successes: On and off the court.* Edward L. Cloyd Jr. Conference on Physical Education and Sport, Wilson, NC.

King, V. (1990, April). *The youth sports coach as a moral develop mentalists.* Edward L. Cloyd Jr. Conference on Physical Education and Sport, Wilson, NC.

Non-refereed Presentations

Wayda, V. (2001, November). *Exercise behavior change.* Indiana Association for Health, Physical Education, Recreation, and Dance Conference, Indianapolis, IN.

Wayda, V., & Kuhlman, J. (2001, November). *National coaching standards: How does Indiana compare to other states?* Indiana Association for Health, Physical Education, Recreation and Dance, Indianapolis, IN.

Wayda, V., Tammen, V., Robbins, G., & Draper, V. (1999, April). *Using inQsit to assess both short-term and long-term exercise behavior change.* Ball State University=s Conference on Scholarship of Teaching and Learning, Muncie, IN.

Tammen, V., & Wayda, V. (1999, April). *Doing teaching, research, and service: The case of Longfellow elementary school.* Ball State University=s Conference on Scholarship of Teaching and Learning, Muncie, IN.

Wayda, V. (1997, October). *The professor=s game: Getting a job and keeping it.* West Virginia University=s School of Physical Education Distinguished Alumni Lecture Series, Morgantown, WV.

Wayda, V. (1996, June). *Enhancing the channels of communication between coaches and parents.* 19th Annual Sport Psychology Conference, Charlottesville, VA.

Wayda, V. (1993, June). *Motivation and sport: Principles and practice.* 16th Annual Sport Psychology Conference, Charlottesville, VA.

Wayda, V. (1993, June). *Commitment and excellence.* Workshop presented at the 16th Sport Psychology Conference, Charlottesville, VA.

King, V. (1992, June). *Taking the fun out of sport: What can we learn from destiny's darlings.* 15th Annual Sport Psychology Conference, Charlottesville, VA.

King, V. (1992, June). *When do actions speak louder than words?* 15th Annual Sport Psychology Conference, Charlottesville, VA.

King, V. (1988, October). *The 1988 Olympics: An on-site observation.* 60th Birthday Symposium for the West Virginia University's School of Physical Education, Morgantown, WV.

Grants

University of Central Arkansas

Title: Secondary Education Conference (PIs – S. Roberts & P. Ramsey, Co-PIs – L. Arnold, R. Ryburn, D. Foss, J. Mimms, D. Kustra, P. Carlin, V. Wayda)
Agency: Arkansas Department of Education, Division of Education Renewal Zones
Submitted: Summer, 2006 Requested: $2360.00 Funded: $2360.00

Title: Assessing Student Performance and Learning through Technology in Physical Education
Agency: University of Central Arkansas Faculty Development Grant
Submitted: March, 2006 Requested: $425.00 Funded: $425.00

Ball State University

Title: Operation SNAP: Selma Nutrition and Activity Program (PI – M. Buck, Co-PIs – M. Woods, J. Pauline., V. Wayda, C. Friesen, T. Brant, A. Mehaffey)
Agency: National Institute for Health
Funding Source: External, Competitive Submitted: July, 2005
Amount Requested: $1,854,757.00 Status: Not Funded

Title: Marketing Fund for SPE=s One-Week Workshops
Agency: Extended Education, Ball State University (internal)
Funding Source: Internal, Competitive Submitted: November, 2004
Amount Requested: $1,000.00 Status: Funded, $1,000.00

Title: Assessment of Graduate Sport and Exercise Psychology Program – Assessment (Co-PIs – J. Pauline & V. Wayda)
Agency: Ball State University, Summer Assessment Project
Funding Source: Internal, Competitive Submitted: Summer, 2004
Amount Requested: $1,600.00 Status: Funded, $1,600.00

Title: Developing Lifetime Physical Activity Habits: A Middle School Model (Co-PIs - V. Wayda, M. Buck & J. Pauline)
Agency: Research Consortium, American Alliance for Health, Physical Education, Recreation and Dance
Funding Source: External, Competitive Submitted: January, 2004 (Phase II)
Amount Requested: $15,000.00 Status: Not Funded

Title: Mental Skills Training for Performance Excellence (Co-PIs - J. Pauline, V. Wayda, F. Campbell, J. Eyanson)
Agency: Indiana Campus Compact
Funding Source: External, Competitive Submitted: October, 2003
Amount Requested: $3,000.00 Status: Funded, $2,500.00

Title: Developing Lifetime Physical Activity Habits: A Middle School Model (Co-PIs - V. Wayda, M. Buck & J. Pauline)
Agency: Research Consortium, American Alliance for Health, Physical Education, Recreation and Dance
Funding Source: External, Competitive Submitted: October, 2003 (Phase 1)
Amount Requested: $15,000.00 Status: Encouraged to submit in Phase II

Grants (continued)

Title: Assessment of Graduate Sport & Physical Education programs
Agency: Ball State University, Summer Assessment Project
Funding Source: Internal, Competitive Submitted: Summer, 2003
Amount Requested: $1,200.00 Status: Funded, $1,200.00

Title: Faculty Researching OnLine Education (Faculty ROLE) (PI - J. Flowers; Co-PIs - A. Nagia, K. Hodson-Carlton, M.A. Rose, M. Ryan, V. Wayda)
Agency: 21st Century Fund for Faculty Development/George & Francis Ball, Ball State University
Funding Source: Internal, Competitive Submitted: January, 2003
Amount Requested: $10,000.00 Status: Funded, $10,000.00

Title: Marketing Fund for SPE's One-Week Workshops (Co-PIs - M. Buck & V. Wayda)
Agency: Extended Education, Ball State University (internal)
Funding Source: Internal, Competitive Submitted: November, 2002
Amount Requested: $1,000.00 Status: Not Funded

Title: Sport Psychology Center (Co-PIs - J. Pauline, V. Wayda, L. VanDonselaar, & C. Carr)
Agency: George & Francis Ball, Ball State University
Funding Source: Internal, Competitive Submitted: January, 2002
Amount Requested: $15,000.00 Status: Not Funded

Title: Marketing Fund for SPE's One-Week Workshops (Co-PIs - M. Buck & V. Wayda)
Agency: Extended Education, Ball State University (internal)
Funding Source: Internal, Competitive Submitted: November, 2001
Amount Requested: $1,000.00 Status: Funded, $1,000.00

Title: Making Coaching Education a Viable Choice (Co-PIs - V. Wayda & M. Buck).
Agency: George & Francis Ball Fund for Academic Excellence
Funding Source: Internal, Competitive Submitted: October, 2000
Amount Requested: $10,000.00 Status: Funded, $10,000.00

Title: Project PACE (Co-PIs - R. Woodard, M. Buck, V. Wayda & J. Lund).
Agency: American Honda Foundation
Funding Source: External, Competitive Submitted: July, 2000
Amount Requested: $47,050.00 Status: Not Funded

Title: Exercise Behavior Change (Co-PIs - V. Tammen, V. Wayda & G. Robbins).
Agency: Indiana Association for Health, Physical Education, Recreation and Dance
Funding Source: External, Competitive Submitted: April, 2000
Amount Requested: $2,500.00 Status: Funded, $2,500.00

Title: Pre-proposal - Educational Formats Effect on Exercise Behavior Change (Co-PIs - V. Wayda, V. Tammen, G. Robbins).
Agency: Funding for the Improvement of Postsecondary Education, Department of Education
Funding Source: External, Competitive Submitted: February, 2000
Amount Requested: $160,000 (over 3 years) Status: Not Funded

Grants (continued)

Title: Comparative Sport Psychology (Co-PIs - V. Wayda & V. Tammen).
Agency: Ball State University's International Programs Endowment Fund
Funding Source: Internal, Competitive Submitted: January, 2000
Amount Requested: $2070.00 Status: Partially Funded, $270

Title: Educational Delivery and Exercise Behavior Change (Co-PIs - V. Tammen, G. Robbins, V. Wayda).
Agency: AAHPERD Research Grant Program – Pre-proposal
Funding Source: External, Competitive Submitted: September, 1999
Amount Requested: NA Status: Not Funded

Title: Physical Activity Behavior Profiles of College Age Students (Co PIs -V. Wayda, G. Robbins, V. Tammen).
Agency: Internal Grants Program (SEET), Ball State University
Funding Source: Internal, Competitive Submitted: November, 1998
Amount Requested: $2220 Status: Partially Funded, $1500

Title: Teaching Life Skills: Theory to Application (Co PIs -V. Wayda & V. Tammen).
Agency: Indiana Campus Compact
Funding Source: External, Competitive Submitted: October, 1998
Amount Requested: $4436 Status: Funded, $4436

Title: The Safe Haven Plan: Enhancing Self Esteem Through Education (PI -V. Wayda)
Agency: Women's Sports Foundation
Funding Source: External, Competitive Submitted: March, 1998
Amount Requested: $977 Status: Not Funded

Title: Enhancing Children's Self Esteem Through a Systematic Approach (PI -V. Wayda **Resubmitted** grant with revisions only to the budget).
Agency: Indiana Association for Health, Physical Education, Recreation and Dance
Funding Source: External, Competitive Submitted: January, 1998
Amount Requested: $2896 Status: Partially Funded, $700

Title: Physical Activity Behavior Profiles of College Age Students (Co PIs -G. Dwyer, W. Thomson, & V. Wayda).
Agency: Internal Grants Program (Summer Faculty Research), Ball State University
Funding Source: Internal, Competitive Submitted: November, 1997
Amount Requested: approx. $10,000 Status: Funded, $9069.06

Title: Physical Activity Behavior Profiles of College Age Students (Co PIs -G. Dwyer, W. Thomson, & V. Wayda).
Agency: Internal Grants Program (SEET), Ball State University
Funding Source: Internal, Competitive Submitted: November, 1997
Amount Requested: $824 Status: Funded, $824

Title: Enhancing Children=s Self Esteem Through Systematic Approach (PI –V. Wayda).
Agency: Indiana Association for Health, Physical Education, Recreation and Dance
Funding Source: External, Competitive Submitted: October, 1997
Amount Requested: $3332 Status: Not Funded

Grants (continued)

Title: Enhancing Self Esteem Through a Systematic Approach (PI -V. Wayda).
Agency: National Association for Sport and Physical Education
Funding Source: External, Competitive Submitted: May, 1997
Amount Requested: $600 Status: Partially Funded, $500

Title: Levels of Arousal and Performance of Intercollegiate Women Swimmers (PI -V. Wayda).
Agency: College of Applied Sciences and Technology, Ball State University (Core Grant Proposals)
Funding Source: Internal, Noncompetitive Submitted: October, 1995
Amount Requested: $400 Status: Funded, $707

Title: Sport Psychology Interactive Video (PI- V. Wayda, Co-PI- M. Winfrey).
Agency: University Teleplex Faculty Grant, Ball State University
Funding Source: Internal, Competitive Submitted: April, 1995
Amount Requested: $2000 Status: Funded, $2000

Title: Motivation as a Mediator of Task Performance Under Three Goal Setting Conditions (PI - V. Wayda).
Agency: Internal Grants Program (New Faculty Research), Ball State University
Funding Source: Internal, Competitive Submitted: November, 1993
Amount Requested: $1500 Status: Funded, $1200

Title: Training Tape on Coach-Athlete Interactions (PI - V. Wayda).
Agency: Tele-Education and Educational Technologies (VIS Grant), Ball State University
Funding Source: Internal, Competitive Submitted: November, 1993
Amount Requested: $1000 Status: Funded, $1000

Title: Computer Software for Motor Learning and Control (PI - V. Wayda).
Agency: College of Applied Sciences and Technology (Computer Competency Grant Proposal), Ball State University
Funding Source: Internal, Competitive Submitted: October, 1993
Amount Requested: $1095 Status: Funded, $1095

Title: Computer Software for Sport Psychology (PI - V. Wayda).
Agency: College of Applied Sciences and Technology (Computer Competency Grant Proposal), Ball State University
Funding Source: Internal, Competitive Submitted: October, 1993
Amount Requested: $5016 Status: Partially Funded, $1850

Title: Pygmalion in the Gym: Does It Really Exist (PI - V. Wayda)?
Agency: College of Applied Sciences and Technology, Ball State University (Core Grant Proposals)
Funding Source: Internal, Noncompetitive Submitted: September, 1993
Amount Requested: $5017 Status: Partially Funded, $2582

Grants (continued)

Title: Service Physical Education Teaching Assistant Developmental Grant (PI - V. Wayda).
Agency: Teaching Resource Center, University of Virginia
Funding Source: Internal, Competitive Submitted: April, 1993
Amount Requested: $500 Status: Funded, $500

Title: The Psychology of Success: The Untold Stories of former All-American Status African American Athletes who came from At-Risk Family Backgrounds (PI- V. Wayda, Co-PI- B. Rotella).
Agency: National Collegiate Athletic Association
Funding Source: External, Competitive Submitted: December, 1992
Amount Requested: $25,000 Status: Not Funded

Title: The Effect of Self-Motivation under Three Types of Goal Setting Conditions on Performance of Females in Weight Training Classes: A Field Based Study (PI-V. Wayda, Co-PI-B.A. Boyce).
Agency: National Association for Sport and Physical Education
Funding Source: External, Competitive Submitted: Summer, 1991
Amount Requested: $5,000 Status: Not Funded

Title: Academic Affairs & Doctoral Research Grant (PI - V. Wayda).
Agency: Academic Affairs, West Virginia University
Funding Source: Internal, Noncompetitive Submitted: March 1990
Amount Requested: $490 Status: Funded, $490

Title: Academic Affairs & Research Travel Presentation Grant (PI - V. Wayda).
Agency: Academic Affairs, West Virginia University
Funding Source: Internal, Competitive Submitted: September, 1988
Amount Requested: $700 Status: Funded, $700

Title: Academic Affairs & Research Travel Presentation Grant (PI - V. Wayda).
Agency: Academic Affairs, West Virginia University
Funding Source: Internal, Competitive Submitted: October, 1986
Amount Requested: $250 Status: Funded, $250

Institutional service, Department

University of Central Arkansas

2008-2009
Member: Search Committee for Tenure-line position, Exercise Physiology
Member: Search Committee for Clinical position, Adapted Physical Education
Chair: Physical Education Teacher Education Curriculum Committee
Chair: Advancement and Promotion Committee
Member: Kinesiology and Physical Education Coordinators' Group
Coordinator: Physical Education Teacher Education Program
Member: Outstanding Student Awards Committee

Department (continued)

2007-2008
Chair: Search Committee for Tenure-line position, PETE program
Co-Chair: Search Committee for Clinical position, Exercise Science program
Chair: Physical Education Teacher Education Curriculum Committee
Member: Kinesiology and Physical Education Coordinators' Group
Coordinator: Physical Education Teacher Education Program
Chair: Student Scholarship Awards Committee

2006-2007
Chair: Search Committee for Tenure-line position, PETE program
Chair: Search Committee for Clinical position, PETE program
Chair: Physical Education Teacher Education Curriculum Committee
Member: Kinesiology and Physical Education Coordinators' Group
Coordinator: Physical Education Teacher Education Program

2005-2006
Chair: Physical Education Teacher Education Curriculum Committee
Member: Promotion and Tenure Committee
Member: Kinesiology and Physical Education Coordinators' Group
Coordinator: Physical Education Teacher Education Program

Ball State University

2004-2005
Member: Search Committee for Tenure-line position in Exercise Physiology
Member: Major's Admission and Retention Committee
Member: Salary Committee
Member: Physical Education International Committee
Member: Program Board

2003-2004
Chair, Promotion and Tenure Committee
Member: Physical Education International Committee
Member: Program Board

2002-2003
Member: Search Committee for Tenure-line position in Coaching
Member: Promotion and Tenure Committee
Member: Physical Education International Committee
Member: Program Board

2001-2002
Chair: Coaching Search Committee
Member: SPE Department Chair Search Committee (Secretary)
Chair: Sport & Exercise Psychology Search Committee
Member: Promotion and Tenure Committee
Member: Computer Planning Committee
Member: Physical Education International Committee

Department (continued)

2000-2001
Member: Promotion and Tenure Committee (1-year appointment)
Member: Pedagogy Search Committee
Member: Physical Education International Committee
Member: School of Physical Education Salary Appeals Committee
Chair: Korsgaard Outstanding Graduate Student Committee
Supervisor, Self-Esteem Component into the Fit Kids Program (10 week program); spring only

1999-2000
Member: Pedagogy Search Committee
Member: Physical Education International Committee
Chair: Korsgaard Outstanding Graduate Student Committee
Supervisor, Self-Esteem Component into the Fit Kids Program (10 week program); fall & spring

1998-1999
Member: Pedagogy Search Committee
Member: School of Physical Education Salary Appeals Committee
Supervisor, Self-Esteem Component into the Fit Kids Program (10 week program); spring only
Faculty Marshal, Summer Commencement
Chair: Physical Education International Committee for the Brazilian Delegation

1997-1998
Member: School of Physical Education Salary Appeals Committee
Member: Korsgaard Outstanding Graduate Student Committee (Chair)
Supervisor, Self-Esteem Component into the Fit Kids Program (10 week program); spring only
Member: Sport Psychology Search Committee (Chair)
Member: Local Organizing Committee, National Association for Sport and Physical Education's Technology Conference and then on the transportation sub-committee, Chair

1996-1997
Member: School of Physical Education Salary Appeals Committee
Supervisor, Self-Esteem Component into the Fit Kids Program (10 week program)
Organizer: Midwest Sport and Exercise Psychology Conference
Member: Exercise Physiology Search Committee
Member: Major's Admission and Retention Committee

1995-1996
Member: Korsgaard Outstanding Graduate Student Committee
Supervisor, Self-Esteem Component into the Fit Kids Program (10 week program)
Member: Student Evaluation of Teaching Committee
Chair: Major's Admission and Retention Committee

1994-1995
Member: Korsgaard Outstanding Graduate Student Committee (Chair)
Member: Student Evaluation of Teaching Committee
Member: Major's Admission and Retention Committee

1993-1994
Member: Korsgaard Outstanding Graduate Student Committee (Chair)
Member: Summer Enhancement Committee, 1993

Institutional service, College

University of Central Arkansas

2007-2008

Member: Research Committee, College of Health and Behavioral Sciences

2006-2007

Member: Promotion Committee, College of Health and Behavioral Sciences

Member: Research Committee, College of Health and Behavioral Sciences

2005-2006

Member: Promotion Committee, College of Health and Behavioral Sciences

Member: Research Committee, College of Health and Behavioral Sciences

Ball State University

2004-2005

Reviewer for Department of Industry & Technology's ITEDU 699 (online research class)

2003-2004

Faculty Online Introduction and Orientation (FOLIO) project

2002-2003

Member: Faculty Online Introduction and Orientation (FOLIO)

College Faculty Marshal, Student Line-Up, July Commencement

2000-2001

College Faculty Marshal, Student Line-Up, December Commencement

Institutional service, University

University of Central Arkansas

2008-2009

Member: Professional Education Unit, Standard 1 Standing Committee, College of Education

Member: Professional Education Council, College of Education

2007-2008

Member: Professional Education Unit, Standard 1 Standing Committee, College of Education

Member: Professional Education Council, College of Education

2006-2007

Member: Professional Education Unit, Standard 1 Standing Committee, College of Education

Member: Professional Education Council, College of Education

2005-2006

Member: Professional Education Unit, Standard 1 Standing Committee, College of Education

Member: Professional Education Council, College of Education

Ball State University

2004-2005

Member: Promotion and Tenure Committee
Faculty Advisor: Sports Official Club
Faculty Co-Advisor: Sport Psychology Club
Member: Extended Education Committee
Member: Governance Task Force

2003-2004

Member: Sport and Performance Psychology Center
Faculty Advisor: Sports Official Club
Faculty Co-Advisor: Sport Psychology Club
Member: Extended Education Committee
Member: Governance Task Force; Team Leader for Campus Council subgroup

2002-2003

Member: Sport and Performance Psychology Center
Faculty Advisor: Sports Official Club
Faculty Co-Advisor: Sport Psychology Club
Member: Academic Policy Council (2000-2003)
Member: Graduate Education Council (2000-2003)
Member: Extended Education Committee
Member: Executive Committee for Graduate Education Council (Secretary)
Member: Electronic Submission of Dissertations and Theses, Adhoc Committee for Graduate Education Council

2001-2002

Faculty Advisor: Sports Official Club
Faculty Co-Advisor: Sport Psychology Club
Banner Carrier for Graduate School, December Commencement
Member: Focus Group Discussion of Technology Support for BSU faculty
Member: Sport and Performance Psychology Center
Focus Group Participant, Financial and Budgetary Affairs Committee
Ad hoc Member of the University Research Committee to Review Faculty Grants, Office of Sponsored Research
Member: Academic Policy Council (2000-2003)
Member: Graduate Education Council
Member: Faculty Affairs, Sub-committee for Graduate Education Committee
Breakfast with Parents of Incoming Freshmen during Orientation

2000-2001

Advancing Ball State University - Above and Beyond Campaign (3 presentations to faculty in SPE and Wellness)
Member: Grant Reader for Research Office, Undergraduate Student Competition
Member: Academic Policy Council (2000-2003)
Member: Graduate Education Council
Breakfast with Parents of Incoming Freshmen during Orientation

1999-2000

None

University (continued)

1998-1999
Panelist for the Successful Award Recipient/Review Committee Members Panel Discussion, Faculty Internal Grants Workshop, July 13th

1997-1998
Life Skills Program, Athletic Department, Co-Coordinator with Kelly Groddy
Academic Resources Committee - Instructional Media Subcommittee (Chair)

1996-1997
Life Skills Program, Athletic Department, Coordinator
Academic Resources Committee - Instructional Media Subcommittee (Chair)
Nutritional Counseling Committee, representing Athletic Department

1995-1996
Life Skills Program, Athletic Department, Coordinator
Academic Resources Committee - Instructional Media Subcommittee

1994-1995
Life Skills Program, Athletic Department, Coordinator
Commitment to Equity Committee (Athletic Department accreditation with NCAA)
Writing Competency Committee

Professional service outside the university, Local

2008-2009
Coordinated student volunteers, Pine Forest Elementary School for BodyWalk
Coordinated PE Inservice Training for Conway School District

2006-2007
Coordinated student volunteers, Ruth Doyle Intermediate School for BodyWalk
Volunteer, Turkey Trot sponsored by KPEM club

2000-2001
Presenter, Red Cross Youth Conference held at YWCA

1999-2000
Longfellow Elementary School Safe Haven Program, Spring (12 weeks)

1998-1999
Local Sport Psychology Organizing Committee National Diving Program
Ran the Heart Rate Adventure Course at the Indiana Fun and Fitness Day, May 2, 1998
Longfellow Elementary School Safe Haven Program, Spring (10 weeks)

1993-1996
Advisory Board Member: Sports Medicine Consortium

Professional service outside the university, State/Regional

2004-2005
Secretary, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance

State/Regional (continued)

2003-2004
Secretary, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance

2002-2003
Director, Sport Council for the Indiana Association for Health, Physical Education, Recreation & Dance
Member: Awards Committee for the Indiana Association for Health, Physical Education, Recreation & Dance
Secretary, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance (completing a one year vacated term)

2001-2002
Convention Planning Committee (co-hosting with AAHPERD and Ohio AHPERD), Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance
Dance, Sport and Physical Education Council, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance
Director, Sport Council, Indiana Association for Health, Physical Education, Recreation & Dance
Scholarship and Awards Committee Member, Indiana Association for Health, Physical Education, Recreation & Dance

2000-2001
Director, Sport Council for the Indiana Association for Health, Physical Education, Recreation & Dance

1999-2000
Director, Research Council for the Indiana Association for Health, Physical Education, Recreation & Dance
Convention Planning Committee, Chair of the Publicity Committee, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance
VP of Professional Physical Education Division, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance

1998-1999
Director, Research Council for the Indiana Association for Health, Physical Education, Recreation & Dance
Scholarship and Awards Committee Member, Indiana Association for Health, Physical Education, Recreation & Dance
Fund Raising Committee, Member, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance
VP Elect of Professional Physical Education Division, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance

1997-1998
Fund Raising Committee, Member, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance
Research Council, Indiana Association for Health, Physical Education, Recreation & Dance

State/Regional (continued)

1996-1997
Research Council, Indiana Association for Health, Physical Education, Recreation & Dance

1995-1996
Section Chair, Higher Education, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance

1994-1995
Section Chair-Elect of Higher Education, Midwest District of the American Alliance for Health, Physical Education, Recreation & Dance

1993-1994
Young Scholar/Research Award Committee, Southern Association for Physical Education for College Women

Professional service outside the university, National

2008-2009
Membership Committee, National Association for Kinesiology and Physical Education in Higher Education
Membership committee (2008-09), Technology committee (2003-05), Public Relations committee (2002-03)

2007-2008
Chair, Local Organizing Committee for National Association for Sport & Physical Education Summer Conference Series to be held at University of Central Arkansas on July 18-20, 2007
Membership Committee, National Association for Kinesiology and Physical Education in Higher Education

2006-2007
Chair, Local Organizing Committee for National Association for Sport & Physical Education Summer Conference Series to be held at University of Central Arkansas on July 18-20, 2007
Board of Directors, National Association for Sport & Physical Education, Sports Council Coordinator
Membership Recruitment & Retention Task Force, National Association for Sport & Physical Education
Restructuring Task Force, National Association for Sport & Physical Education

2005-2006
Board of Directors, National Association for Sport & Physical Education, Sports Council Coordinator
Board of Directors, National Council for Accreditation of Coaching Education (NCACE), National Association for Sport & Physical Education
Restructuring Task Force, National Association for Sport & Physical Education
Nominations Standing Committee, National Association for Sport & Physical Education

National (continued)

2004-2005

Board of Directors, National Council for Accreditation of Coaching Education (NCACE), National Association for Sport & Physical Education

Technology Committee, National Association for Physical Education in Higher Education

2003-2004

Board of Directors, National Council for Accreditation of Coaching Education (NCACE), National Association for Sport & Physical Education

Technology Committee, National Association for Physical Education in Higher Education

2002-2003

Public Relations Committee, National Association for Physical Education in Higher Education

2001-2002

Public Relations Committee, National Association for Physical Education in Higher Education

Chair, Coaches Council, National Association for Sport and Physical Education, American Alliance for Health, Physical Education, Recreation & Dance

Structure and Function Committee, National Council for Accreditation of Coaching Education (NCACE), National Association for Sport & Physical Education

2000-2001

National Council for Accreditation of Coaching Education (NCACE) Board of Directors, National Association for Sport & Physical Education

Program Committee, 2000 National Association for Physical Education in Higher Education Conference

Structure and Function Committee, National Council for Accreditation of Coaching Education (NCACE), National Association for Sport & Physical Education

1999-2000

Reader, NCAA 1999 CHOICES Alcohol Education Grant program

1998-1999

Reader, NCAA 1998 CHOICES Alcohol Education Grant program

1997-1998

Steering Committee Member, National Youth Sports Coalition, National Association for Sport & Physical Education, American Alliance for Health, Physical Education, Recreation & Dance

1996-1997

Steering Committee Member, National Youth Sports Coalition, National Association for Sport & Physical Education, American Alliance for Health, Physical Education, Recreation & Dance

Mentor, Miami University Life Skills Coordinator for the NCAA Pilot 3 CHAMPS/Life Skills program

Reader, NCAA 1996 CHOICES Alcohol Education Grant program

1995-1996

Steering Committee Member, National Youth Sports Coalition, National Association for Sport & Physical Education, American Alliance for Health, Physical Education, Recreation & Dance

Performance Enhancement Consultant, CP Athlete Training Camps, Ball State University

1994-1995

Performance Enhancement Consultant, CP Athlete Training Camps, Ball State University

Professional service outside the university, International

1995-1996
Volunteer for the 1996 Atlanta Paralympic Games; escort for Classification Center

Honors, awards
Nominated for the American Alliance of Health, Physical Education, Recreation and Dance=s Mabel Lee Award, 2000 and 2001
Recognized for research contributions in Ball State University=s BeneFacta, 1999
Ball State University School of Physical Education=s Outstanding Teacher - Tenure Line Faculty, 1999
Midwest District of the American Alliance for Health, Physical Education, Recreation and Dance Young Professional Award, 1999
Longfellow Elementary School Safe Haven Program Community Service Award, 1998
Nominated as Sport Psychology Academy Chair for the National Association for Sport & Physical Education of the American Alliance for Health, Physical Education, Recreation and Dance, 1998

Professional memberships
American Alliance for Health, Physical Education, Recreation & Dance, 1986 to present (life member)
Association for the Advancement of Applied Sport Psychology, 1993 to 2000
International Council for Health, Physical Education, Recreation, Sport and Dance, 1997 to present (life member)
Arkansas Association for Health, Physical Education, Recreation and Dance, 2005 to 2009
Indiana Association for Health, Physical Education, Recreation and Dance, 1995 to 2004
Midwest Chapter of the American College of Sports Medicine, 1996-1998
National Association for Kinesiology & Physical Education in Higher Education, 2000 to present
North American Society for the Psychology of Sport & Physical Activity, 1994 to 2000